



the  
**Haden  
Institute**



**Is it time?**

Learn to Go Deeper  
and Help Others Do the Same

*Explore a vibrant, interfaith community with mature Jungian and mystical roots*

## **Virtual Information Session Spiritual Direction Program**

Something is already stirring in you — a hunger for deeper inner work, a readiness to walk alongside others on the sacred journey toward wholeness.

Join our session as a next step on your journey.

WHEN

**Thursday, July 23**

7:00 PM Eastern

WHERE

**Online via Zoom**

Link provided upon registration

COST

**Free & Open**

All are welcome



### **Take the next step**

Join us for an open, unhurried conversation about becoming a certified spiritual director through Haden's two-year training program. Bring your questions — about the call you're sensing, the path ahead, and whether this is your moment.

[hadeninstitute.com/information-session](https://hadeninstitute.com/information-session)

#### **Deepen Your Own Inner Work**

The program begins with your own journey toward integration and wholeness. Then you can better accompany others.

#### **Refined Skills for Companionship**

Deep listening. Discernment. Holding space. Midwifing the soul's movement. Learning to trust what is arising in another person's depths.

#### **A Formation Community**

You won't travel this path alone. Haden's cohort model offers formation in community — with peers, experienced supervisors, and the living tradition of depth psychology and contemplative practice.