

The 8 Cognitive Functions

Function	Brief Definition	Focus
Se (Extraverted Sensing)	Experiencing the physical world.	Real-time action, sensory thrill, facts.
Si (Introverted Sensing)	Comparing current data to past experience.	Tradition, routine, internal bodily sensations.
Ne (Extraverted Intuition)	Finding patterns in the outside world.	Brainstorming, "What if?", seeing connections.
Ni (Introverted Intuition)	Distilling insights into a singular vision.	Foresight, symbolic meaning, "Aha!" moments.
Te (Extraverted Thinking)	Organizing the external environment.	Efficiency, logic, rules, execution.
Ti (Introverted Thinking)	Refining internal logical frameworks.	Precision, deep analysis, "How it works."
Fe (Extraverted Feeling)	Maintaining social harmony.	Group values, empathy, "How others feel."
Fi (Introverted Feeling)	Maintaining personal authenticity.	Individual values, "How I feel," moral depth.

