



*the*  
**Haden  
Institute**



*art by Christy Austin*

# ***Sacred Cosmos, Sacred Soul***

**2025 Summer Dream and Spirituality Conference**  
***May 28 - June 2, 2025***

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Dear Friends,

We have a stunning week planned for you.

Over the next several days we will experience a convergence of leading-edge science, ancient mysticism and Jungian psychology, all to help restore and affirm a core knowing in a world intentionally turned chaotic.

Yes, intentionally. Over the course of the past few years, we've noticed that our attendees have more and more come to Haden programs with heads full of bees, rattled by the brash, insistent noise hyper-generated all around us. That noise is meant to be quite unbalancing, even despair-inducing.



So we begin this conference – our first with me serving as director – with a simple thought:

These next several days are not simply a break from the manufactured chaos. Time with holy Self is job one of being fully human, the priority which frames all others. May this be the wellspring for us, collective living water cupped for us through wisdom and insight shared by Ilia, Bobbi, Dr. Meeks, Kathleen, Danielle, Sheri, Bob, Tony, River, Chris, Lindsey, our creative spaces, our workshop providers, and dream group facilitators. May we drink deeply of creative process, thought, discussion, movement, dreamwork, music and meditation. Be nourished in body, mind and sacred soul. The rocks themselves begin to sing, and the trees clap their hands.

Welcome to Sacred Cosmos, Sacred Soul, the 2025 Summer Dream and Spirituality Conference of The Haden Institute.

Corey S. Keyes  
Director





# Wednesday, May 28

2:00-5:00 PM

Check-In

*Main Lobby*

3:00 PM

Dream Group Facilitators Meeting

*St. John's*

4:30 PM

Workshop Presenters Meeting

*St. John's*

5:00 PM

Social and Introductions

*Johnson Fireplace  
Lounge and Porch*

6:00 PM

Supper Break

*Dining Hall*

7:00 PM

Opening Ritual: Christy Austin

*Balthis-Rodwell*

7:30 PM

Dr. Catherine Meeks

*The Other Side of Chaos and the  
Invitations to Replace Old Wineskins*

*Balthis-Rodwell*

Daily Sabbath Activities - 12:45 PM - 2:15 PM

*(see options on p. 17)*

- Rest, Walk, Hike, Gym, Nap
- Creative Space - Jackson Hall, Minkler Grove
- Virtual Creative Space - Christy Austin
- Labyrinth



# Thursday, May 29

7:00 AM - Movement Ritual	<i>Fireplace Porch</i>
7:30 AM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Sheri Kling <i>God-Soaked: Divine in Cosmos and Soul</i>	<i>Balthis-Rodwell</i>
10:35 AM - Break	
10:45 AM - Ilia Delio <i>Evolution and the Power of Love</i>	<i>Balthis-Rodwell</i>
12:00 PM - Lunch	<i>Dining Hall</i>
12:45-2:15 PM - Sabbath	<i>See options, pp. 4 and 17</i>
2:30-3:45 PM - Workshops	<i>See p. 10</i>
4:00-6:00 PM - Dream Groups	<i>See assignment list</i>
6:00 PM - Supper	<i>Dining Hall</i>



# Friday, May 30

7:00 AM - Movement Ritual	<i>Fireplace Porch</i>
7:30 AM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Bob Hoss <i>When Soul Dreams the Cosmos Dreams</i>	<i>Balthis-Rodwell</i>
10:35 AM - Break	
10:45 AM - Barbara Breitman <i>The Arc of Becoming: Process Theology and Spiritual Guidance</i>	<i>Balthis-Rodwell</i>
12:00 PM - Lunch	<i>Dining Hall</i>
12:45-2:15 PM - Sabbath	<i>See options, p. 4 and 17</i>
1:00 PM - Dream Group Facilitator's Meeting	<i>St. John's</i>
2:30-3:45 PM - Workshops	<i>See p. 11</i>
4:00-5:30 PM - Dream Groups	<i>See assignment list</i>
5:30 PM - Supper	<i>Dining Hall</i>
7:15 PM - Concert	<i>Balthis-Rodwell</i>



# Saturday, May 31

7:00 AM - Movement Ritual	<i>Fireplace Porch</i>
7:30 AM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Kathleen Wiley <i>Caring for The Sacred Microcosm of Psyche in Your Dream</i>	<i>Balthis-Rodwell</i>
10:35 AM - Break	
10:45 AM - Ilia Delio <i>Disruption and Innovation: Spirituality in an Age of AI</i>	<i>Balthis-Rodwell</i>
12:00 PM - Lunch	<i>Dining Hall</i>
12:45-2:15 PM - Sabbath	<i>See options, p. 4 and 17</i>
1:00 PM - Dream Group Facilitator's Meeting	<i>St. John's</i>
2:30-3:45 PM - Workshops	<i>See p. 12</i>
4:00-5:30 PM - Dream Groups	<i>See assignment list</i>
5:30 PM - Supper	<i>Dining Hall</i>
7:15 PM - Tikun Ritual: Howard Addison and Sheri Kling	<i>Gooch Main</i>



# Sunday, June 1

7:00 AM - Movement Ritual	<i>Fireplace Porch</i>
7:30 AM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Tony Caldwell <i>The Search for the Sacred Masculine</i>	<i>Balthis-Rodwell</i>
10:35 AM - Break	
10:45 AM - Danielle Shroyer <i>The Queen Principle</i>	<i>Balthis-Rodwell</i>
12:00 PM - Lunch	<i>Dining Hall</i>
12:45-2:15 PM - Sabbath	<i>See options, p. 4 and 17</i>
1:00 PM - Dream Group Facilitator's Meeting	<i>St. John's</i>
2:30-3:45 PM - Workshops	<i>See p. 13</i>
4:00-5:30 PM - Dream Groups	<i>See assignment list</i>
5:30 PM - Supper	<i>Dining Hall</i>
7:00 PM - Closing Ritual: Christy Austin	<i>Balthis-Rodwell</i>
8:00 PM - Closing Social	<i>Fireplace Lounge</i>





# Monday, June 2

7:30 AM - Breakfast and Depart

*Dining Hall*

*(Please check out with Kanuga no later than 10:00 AM)*

Thank you for being with us!

## Join us next year for our annual Summer Dream and Spirituality Conference

***Cosmic Community, Sacred Hope***

**May 27 - June 1, 2026**

***Register today!***

Scan the QR code below or visit

<https://bit.ly/HadenSDC2026>



# Workshops | Thursday

## **New Remedies for Old Wounds - Dr. Catherine Meeks**

What tools do we need to heal the wounds of racism, sexism, ageism, ableism, and other dehumanizing systems? This workshop explores remedies for personal and planetary healing, asking the central question: Do we want to be well?

*Balthis*

## **Modern Mysticism: Today's Encounters with the Holy - Sheri Kling**

Many people today report profound encounters with mystery — near-death experiences, angelic visitations, and other spiritual phenomena. This workshop invites conversation about these extraordinary experiences and explores their meaning in contemporary life.

*Gooch Main*

## **Silent Labyrinth Dances - Jennie Wakefield**

Entering the labyrinth in silence, we engage movement practices that awaken its collective dimension. Drawing on the work of Jon Appleton, we will walk, draw, and write as we reflect on the labyrinth as a container for wholeness and surprise.

*Outdoor labyrinth (Gooch A, if raining)*

## **The Dream Roundabout - Darby Christopher**

Explore a unique tool called the Dream Roundabout, designed to illuminate different approaches to dreamwork. We will journey with a dream, traveling paths like Association Lane, Suchness Boulevard, Imaginal Circle, and Animation Way to uncover any of its gifts.

*Gooch B*



# Workshops | Friday

## **Religion as the Zest for Life - Ilia Delio**

Carl Jung spoke of religion as a natural process of individuation, aligned with the evolution of consciousness. His insights offer guidance for navigating religion in an age of science, helping us explore how science and spirituality can form a unified field of knowledge.

*Balthis*

## **Working with the Healing Power in Your Dreams and Individuation - Bob Hoss**

Working with dreams, you gain insights about waking life situations a dream is dealing with. Going deeper, you may find that the dream is more about emotions and reactions to said event. Participants will leave with methods for revealing conflicts and barriers the dream speaks to, and five clues for recognizing the self-healing resolutions dream contain. Bring a dream to work with if you like.

*Gooch Main*

## **Movement Meditation: Earth Elemental Rhythms - Caroline Logsdon**

Engage in creative movement to align body, heart, and soul with the earth's elements — water, earth, fire, air, and spirit. Through freestyle dance and music, we explore the rhythms of nature within us. No experience necessary; wear comfortable clothes and bring water. *Gooch A*

## **Mary, Mother of God: A Cosmic View of Divine Contemplation and Leadership - Susan Taylor**

Mary's "yes" to the Divine opened a path for sacred participation and leadership. In this workshop, we will reflect on Mary's cosmic role as contemplative and leader, and explore what her example offers for our connection to the sacred whole.

*Gooch B*



# Workshops | Saturday

## **Tending the Soul's Mystery in Dreams - Kathleen Wiley**

Dreams emerge from the larger Self, carrying energetic patterns both universal and deeply personal. This workshop offers a creative process to explore a dream through physical, emotional, mental, and spiritual senses. Bring a dream you wish to embody for healing and wholeness. *Balthis*

## **The Arc of Becoming - Barbara Breitman**

This workshop offers an opportunity to contemplate your own 'Arc of Becoming.' Based on principles of Process Theology I shared at the Keynote, we will move through experiential exercises with time for discernment. My hope is that you may leave with a clearer sense of how you are being called at this moment of your life.

*Gooch Main*

## **Haden Information Session - Haden Staff**

Enjoying the conference? Curious about our community? Wondering about the two-year certifications we offer in Dream Work and Spiritual Direction? Come join a lively discussion with Haden's core staff: Corey Keyes, Denise Joseph, Christy Austin and Sheila Petruccelli. Bring any and all questions. We will do our best to answer them – candidly, honestly, heartfully. *Gooch A*

## **Embodied Dreamwork - Sue Scavo and Michelle MacNeil**

Dreams are experiential encounters with the divine, challenges to personal narratives and transformational healing possibilities. Join us for a unique embodied workshop where we will literally step into dreams to not just deepen our understanding but to bring our dreams into a full body knowing.

*Gooch B*

## **UBASUTE: The Journey of Letting Go Using Expressive Writing in Spiritual Direction - Susan Thompson**

Inspired by the Buddhist allegory of Ubasute, this workshop offers a reflective writing process to explore what is dead or dying within. Participants will learn ways to use expressive writing in spiritual direction for personal and communal transformation.

*Gooch C*



# Workshops | Sunday

## **Archetypal Playground - Danielle Shroyer**

Come explore archetypes of the feminine, including the Queen, in this interactive workshop with stations and space for reflection. In addition, there will be time for conversation about the keynote presentation on this topic and explore the content more deeply. *Balthis*

## **Blessings: Restoring the Sacred Masculine in Real Time - Tony Caldwell**

Many conversations about masculinity end at the problem — disconnection, distortion, and loss. This workshop offers a path forward. Together, we'll explore how to restore the sacred masculine through everyday practices and intentional presence. This is not gender-specific work; it calls on all of us to help recover what has been lost through generations of domination, isolation, and trauma. Join us in this repair, reorientation, and blessing. *Gooch Main*

## **Inside Out, Outside In: Body-based Practices to Engage the Imagination - Sarah Lowther Henderson**

Rebuild the vital connection between body and mind through simple, creative practices. Using movement, imagination, and joyful exploration, we will engage the body as a doorway to insight, intuition, and inner wisdom. *Gooch A*

## **Good Grief! - Hannah Joy**

Inspired by Francis Weller's *The Wild Edge of Sorrow*, this workshop explores The Five Gates of Grief. Together we will reflect on grief's power to hold us captive and create rituals that lead us toward a more soulful, liberated life. *Gooch B*

## **Dream Divina: Contemplating Dream Images as Sacred Icons - Sheri Kling**

Dreams invite us not only to interpret but to pray with their images. In this workshop, we'll practice contemplative dreamwork, using guided visualization and silent observation to engage dream images as we might sacred icons or holy texts.

*Gooch C*





# Haden Staff



**Corey Keyes** (he/him) is a spiritual guide, dream worker, and ordained UCC pastor who has served in the Finger Lakes Region of New York for three decades. A graduate of the Haden Institute's Spiritual Direction and Dream Certification Courses, he has also mentored spiritual directors in training. Corey brings a love of non-hierarchical worship, dream and shadow work, and creative embodiment to his private practice and now serves as director of the Haden Institute.



**Denise Joseph**, Ph.D. (she/her/their) is the director of administration for the Haden Institute. A psychologist, life coach, spiritual director, chaplain, and Interfaith minister, they believe we are all searching for meaning. Denise is a graduate of the Haden Institute's Spiritual Direction Certification Course.



**Sheila Petruccelli** (she/love) holds sacred space as the director of creative embodiment for the Haden Institute, allowing others to find expression for the emergent edge of growth which often defies language. She bows before the unseen, unknown and unimaginable. She offers spiritual direction, dreamwork and astrological readings to clients in private practice.



**Christy Austin** (she/her) is the director of virtual creative embodiment for the Haden Institute. She is a certified spiritual director and dreamwork facilitator. She understands the challenges and blessings of Zoom learning, striving to bring the energy of connection, while encouraging students to tap into their own unique expressions of creativity.



# Haden Staff



**Carrie Stepp Graves, BCC, MA** (she/her) is a spiritual and executive coach, communicator, and longtime dream group leader rooted in a theology of communication—where every voice and silence holds divine potential. A graduate of the Haden Institute Dream Certification Course, she has led retreats and workshops in churches and spiritual communities for over a decade. Find her at [carriesteppegraves.com](http://carriesteppegraves.com). She gave the opening keynote at the 2012 Haden conference and will teach a course at the Chautauqua Institution in August.



**Darby Christopher, MSW** (she/her), is a social worker and Interfaith Minister, but her primary vocation is dream work. Trained at the Haden Institute and with a certificate in Dream Tending, she co-facilitates the Natural Spirituality conference, leads retreats and workshops, and teaches dream work. She loves comedy, writing and good food. For more info about her offerings go to [dreamliturgy.com](http://dreamliturgy.com).



**Carrie Fraser** is a Licensed Marriage and Family Therapist, Presbyterian pastor, and Spiritual Director. She is in Private Practice in Nashville, TN integrating therapy, spiritual direction, and dream work. She is a graduate from Louisville Presbyterian Theological Seminary and the Haden Institute's Spiritual Direction and Dream Work Certification Courses. Her Passions include spending time in nature, petting all the dogs, and embodiment practices.



**Julie Merritt Lee** (she/her) is a spiritual companion, writer, and dream worker who helps others navigate the alchemy of heartbreak, discernment, and spiritual liminality. A graduate of the Haden Institute's Dream Certification and Spiritual Direction programs, she draws on writing, movement, and dreamwork in her practice. Julie formerly pastored in Hendersonville, where she founded a feeding ministry. She now teaches a trauma-informed path through loss with PathLights—while still walking the woodline looking for the Holy.



# Haden Staff



**Ginger Meek Allen** is a graduate of the Haden Spiritual Direction Certification Course. She is a master metalsmith and custom studio jeweler. She creates jewelry that is powerful, narrative, and exquisitely well-made. Her work is about noticing and honoring the moments in life when we are our truest selves. At the Summer Conference, Ginger is serving as the Haden merch ambassador, having designed T-shirts, journals, and more, as well as a very special piece of Haden jewelry. Find Ginger at [gingermeekallen.com](http://gingermeekallen.com).



**Dina Delaney** is a multidisciplinary artist and movement practitioner, and a recent graduate of the Haden Institute's Dream Work training program. She brings decades of personal transformation practices to her clients and is currently devising a theatrical performance based on her final project with Haden. She lives in southern Arizona with her family and she loves to dance.



**Jennie Wakefield, MA, RSME (she/her)** Jennie is an associate teacher of Tamalpa Institute's Life/Art Process, which uses movement, imagination, and artistic processes to explore and deepen one's relationship to psychological life, creativity, and social issues. Jennie is a contra dance caller and views this accessible communal dance form as real-time experience of dance's archetypal role as community glue and ritual. She is retired from the Clemson University English Department and is a graduate of the Haden Dream Work Certification Course.



**Chad Hill** is a former pastor and worship leader for an evangelical denomination. After serving in that capacity for 15 years and completing the Haden Institute's Spiritual Direction Certification Course, he opened his own private practice in Nashville, TN, serving clients who have deconstructed their faith or are looking for deeper meaning within their faith traditions. He loves music, books, and great conversation. He is a mentor in the Spiritual Direction Certification Course





# Haden Staff



**Angelo Gianni** is a filmmaker and media producer who has worked globally on campaigns for brands like Nike, Gatorade, and Nissan. After years collaborating with world-renowned directors and talent, he shifted focus and relocated with his family to Asheville, NC. Angelo now directs, edits, and produces content for FusionPilatesEDU.com and Fusion Digital Media, the wellness company he runs with his wife, Jennifer. Find him at [fusiondigitalmedia.us](http://fusiondigitalmedia.us).



**Daniel Gardner** is the sound engineer for the Haden Summer Conference and Haden Dream Work and Spiritual Direction in-person intensives. He works in sound at Brevard Music Center in Brevard, NC.

## Daily Sabbath Options - 12:45 PM - 2:15 PM

- Movement Ritual - Jennie Wakefield, Lake Front Amphitheater, 1:30 PM
- "A Gathering of Crones" - Hannah Joy, Clarke *(Thursday only)*
- Private Tarot Readings - Brian Relph, Finlay
- Healing Touch Sessions - Anne Gessner, Yoga Room/Gym



# Keynote Speakers



**Dr. Catherine Meeks** is a theologian, activist, and spiritual teacher focused on racial healing and justice. She is the founding executive director of the Absalom Jones Episcopal Center for Racial Healing and a longtime Haden Institute faculty member. A retired professor and Jungian scholar, Catherine taught for decades at Mercer University and Wesleyan College. Her work draws on African American literature, depth psychology, and contemplative practice. She is the author of *The Night is Long but Light Comes in the Morning* and co-author of *Passionate for Justice*. Catherine founded the Turquoise and Lavender Institute and received the President Joseph R. Biden Lifetime Achievement Award.



**Sheri D. Kling, Ph.D.** is a teacher, writer, spiritual guide, and longtime faculty member of the Haden Institute. She directs Process & Faith, a multifaith network affiliated with the Center for Process Studies, and leads the John Cobb Legacy Fund. A former touring singer-songwriter and communications professional, Sheri later earned two master's degrees and a Ph.D. in religion. Since 2011, she has offered teaching and keynotes in Haden's Dream Work and Spiritual Direction Certification Courses. Her work weaves depth spirituality, process thought, and the arts in service of wholeness. She is the author of *A Process Spirituality: Christian and Transreligious Resources for Transformation*.



**Ilia Delio, OSF, Ph.D.** is a Franciscan Sister of Washington, D.C., and a theologian specializing in the integration of science and religion. She holds the Josephine C. Connelly Endowed Chair in Theology at Villanova University and founded the Center for Christogenesis. With doctorates in pharmacology and historical theology, Ilia brings an interdisciplinary lens to her work. She has written over twenty books, including *The Unbearable Wholeness of Being* and *The Not-Yet God*, her most recent. Her research explores evolution, artificial intelligence, and consciousness, bridging spirituality and science. Ilia lectures internationally and fosters dialogue between faith and science.



**Robert Hoss, MS** is Conference Director and past President of the International Association for the Study of Dreams, director of the DreamScience Foundation, and a faculty instructor with the Haden Institute. His teaching draws from Gestalt Therapy, Jungian theory, and dream research. Bob is the author or editor of *Dream Language*, *Dream to Freedom*, *Dreams that Change Our Lives*, and *Dreams: Understanding Biology, Psychology & Culture*, with contributions to numerous books and journals. He received the IASD Lifetime Achievement Award in 2021. Learn more at [www.dreamscience.org](http://www.dreamscience.org).





# Keynote Speakers



**Barbara Breitman, D.Min., LCSW** is a pioneer in Jewish spiritual direction and pastoral counseling. As assistant professor at the Reconstructionist Rabbinical College, she co-created the first spiritual direction program in a rabbinic seminary. She also helped launch similar programs at Hebrew Union College and Hebrew College. A licensed clinical social worker and trauma-informed psychotherapist, Barbara integrates contemplative and mind-body practices in her Philadelphia-based private practice. She is co-editor of *Jewish Spiritual Direction: An Innovative Guide* and a contributor to works on pastoral care and Jewish feminist theology. Her work bridges spirituality, healing, and justice.



**Kathleen Wiley, MHD, LCMHC, LMFT** is a Jungian analyst, spiritual teacher, and licensed psychotherapist with over 30 years in private practice. Based in North Carolina and working internationally, she guides individuals, couples, and groups in living in conscious relationship with the Self and the divine. Kathleen frequently speaks at the Haden Institute, the Center for Contemporary Mysticism, and Jung Societies across the U.S. She is the founder of Online Sacred Circles, offering ongoing and seasonal programs in depth psychology and spiritual practice. Her books include *New Life* (volumes on Christ Within and Easter), with a new title forthcoming: *Conscious Embodiment*.



**Tony Caldwell** is a Jungian psychoanalytic psychotherapist in private practice in Nashville, TN. Tony is a seasoned speaker, preacher, and workshop leader. He loves speaking about the intersection of depth psychology, progressive theology, and social justice. Learn more about Tony at [tonycaldwell.com](http://tonycaldwell.com).



**Danielle Shroyer** is a spiritual director, author, speaker, and former pastor. She serves as Scholar-in-Residence at Preston Hollow Presbyterian Church in Dallas, where she creates formation resources rooted in wisdom spirituality. A graduate of Baylor, Princeton Theological Seminary, and the Haden Institute's Spiritual Direction and Dream Work Certification Courses, Danielle also mentors in Haden's Dream Work program. She is the author of several books, including *Original Blessing: Putting Sin in Its Rightful Place*. A taekwondo black belt and yoga enthusiast, she lives in Dallas with her husband Dan, their two college-aged children, two rescue dogs, and a patio of feral cats. Find her at [danielleshroyer.com](http://danielleshroyer.com).

# Workshop Presenters

*in addition to staff and keynote speakers offering workshops*



**Howard Addison** is an Associate Professor Emeritus of Temple University. A Haden graduate, he directs the Graduate Theological Foundation's Jewish Spirituality Graduate Programs and was a founding teacher of Lev Shomea, the first North American Jewish Spiritual Direction training institute. His books include *The Enneagram and Kabbalah*, *Show Me Your Way*, *Jewish Spiritual Direction*, and *Seeking Redemption in an Unredeemed World*.



**HannaH Joy** is a Haden certified spiritual companion who finds delight in holding sacred space for another to share their journey. She resides among the forest flora and fauna of the Missouri Ozarks and listens for, and to, dreams and synchronicities.



**Caroline Logsdon** is a retired educator and music therapist who integrates decades of experience in movement, healing, and spiritual practice. A graduate of the Haden Institute Dream Work Certification Course, she is also trained in Family Systems Constellation Facilitation, shamanic practices, and energy healing modalities. Caroline has participated in movement meditation for over a decade and delights in using dance as a way to align body, mind, heart, soul, and spirit.



# Workshop Presenters



**Sue Scavo** (she/her) is a poet, author, and dreamwork teacher whose work explores the deep currents of dream and language. She has led retreats and presented at venues including Esalen, Kripalu, and Pacifica Graduate Institute. Sue is co-founder of Deluge Literary and Arts Journal and serves on the board of Anhinga Press. She holds an MFA in Poetry and is the author of *Buried [A Place]* (Anhinga Press), a collection inspired by Dante's *Inferno*.



**Susan Thompson, MA** is a certified Jungian-based spiritual director and mentor in the Haden Institute's Spiritual Direction Certification Course. She co-founded the Guild for Transformational Studies and offers expressive writing and dreamwork grounded in Jungian approaches. Susan's work invites seekers into deeper wholeness through writing, art, movement, and soulful reflection.

## Virtual and In-Person Certification Courses

∞ Learn more and apply! ∞

### Spiritual Direction Training Course

Our two-year course  
is open to anyone with a desire  
to learn more about being with others  
on the journey to deeper spirituality.



### Dream Work Training Course

Our two-year course  
is open to anyone with a desire  
to understand their own dreams and to facilitate  
dream work with groups and individuals.

*visit [hadeninstitute.com](https://hadeninstitute.com) for more information*





# Dream Group Facilitators



**Sarah D. Norton, PhD (she/her)** is an independent scholar, dream worker, and writer exploring the intersection of archetypal psychology, climate change, and grief. A graduate of Pacifica Graduate Institute, she is the author of *Climate Change, Environments of Uncertainty and Loss: Jung, Politics and Culture* (Routledge, 2025). A graduate of the Haden Institute Dream Work Certification Course, Sarah creates art from her dreams and shares them in groups and community spaces devoted to healing and creative reflection.



**Lisa Azzam** is a Certified Jungian Dreamworker, Spiritual Companion and Jungian Coach. She is a recently-retired physical therapist. Since graduating from the Haden Institute Dreamwork Certification Course in 2021, she has led a monthly dreamwork group and works 1:1 with dreamwork and coaching clients. Lisa lives in Cambridge, MA with her husband Walid and Connor the Cat.



**Naomi Bock, MD, MS (she/her)** is a graduate of the Haden Institute's Dream Work and Spiritual Direction Certification Courses. A physician and longtime dream group participant, she spent two decades working in HIV and tuberculosis prevention with Ministries of Health across Africa and Asia. Naomi also advocates for voting rights and immigrant justice alongside her work in dreamwork and spiritual companionship.



**Roberta Daniel** is a graduate of the Haden Institute Dream Work and Spiritual Direction Certification Courses. She has been active in the conferences and programs of the Haden Institute since 2003, facilitating dream groups since 2007. She incorporates Centering Prayer in her dream group sessions.



# Dream Group Facilitators



**Sue DiVita** is a spiritual director and teacher of Active Dreaming who is passionate about the power of dreams and their images to heal ourselves, each other, and the world. She combines her understanding of archetypes and the Sacred Contract with the practice of Active Dreaming in her efforts to rebirth a dreaming society in our time.



**Katherine Generaux** is delighted to participate in the Haden Summer Conference as a Dream Group Facilitator again this year. As a graduate of the Haden Dream Work Program, she has been leading dream groups and has continually witnessed how dreams offer a remarkable insight into understanding ourselves on a deeper level. Besides Dream Work, Katherine is a Creative Depth Coach and an Autism Spectrum Life Coach. She also includes SoulCollage® in much of her work with individuals and groups.



**Bill Hobbs, Ed.D** serves as the Director of the Jesuit Retreat Center in Cleveland, OH and has his own consulting and spiritual direction practice. After three decades work in education, he answered the quiet inner voice and began to accompany others in their spiritual journey, particularly through Ignatian Spirituality and contemplative practices. Bill is a graduate of the Haden Spiritual Direction Certification Course. He works with individuals and groups in vision, direction, and consulting through [thesaunteringway.com](http://thesaunteringway.com).



**Julie Lumpkin, MSPH**, is a graduate of the Haden Dream Work and Spiritual Direction Certification Courses. She facilitates a church-based dream group in Columbia, SC and has volunteered as a DGF for the Haden Summer Dream Conference and the Natural Spirituality Regional Gathering since 2017. Previously, she has presented workshops on the mythic-religious Goddess-Mother Archetype, "From Sacred Earth to High Heaven" (2021) and "Sophia as the Great Mother Archetype" (2017-2019). She retired from a career in public health in 2014.

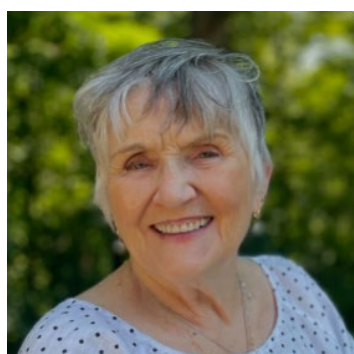




# Dream Group Facilitators



**Megan Lyon, MA** (she/her) is a Counselor, Certified Spiritual Director, Certified Mindfulness Teacher, SoulCollage® Facilitator and a Veriditas-trained Labyrinth Facilitator. Megan created Inner Path, a spiritual direction and wellness practice. She offers individual spiritual direction, retreats, workshops, trainings, and opportunities to commune with the Holy and tap into our most true and wise selves. She is a graduate of the Haden Institute's Spiritual Direction Certification Course, serves on the Haden faculty and has served as a mentor in the Spiritual Direction program.



**Diana McKendree** (she/her) has a passion for working with dreams and images. This has led her to explore a wide variety of professions – from fashion to psychology. Trained as a Jungian psychotherapist, Diana is a skilled educator, an international keynote speaker, consultant, leader of women's pilgrimages, and Iconographer. She is a senior faculty member with the Haden Institute, teaching Spiritual Direction and Dreamwork. Ordained an Interfaith Minister, Diana continues to search for the common threads that weave humanity and soul together.



**Mary Louise McCullough** is a spiritual director and dream facilitator in private practice from her home in Erie, PA with local and online clients. She is a retired Presbyterian pastor who served churches in Nashville and Pittsburgh. She is a graduate of the Haden Institute Dream Work Certification Course and is a mentor in the Haden Spiritual Direction Certification Course. She and her husband have two grandchildren, an elderly dachshund named Hazel and a love for traveling to places where ML can study the mystics and Mike can tour forts and castles.



**LeAnne Nesbitt** is a graduate of the Haden Institute Spiritual Direction and Dream Work Certification Courses. She is a trained SoulCollage® Facilitator and Facilitator Trainer. In 2020 she resigned from a corporate job of 15 years to join the leadership team at SoulCollage Inc., and focus on building her spiritual direction and dream group facilitation practice. Her final project for the Haden Dream Work Certification is an e-book entitled *Three ways to Explore Your Dreams with SoulCollage®*, which is available as a free download on her website [dreamersandmystics.com](http://dreamersandmystics.com).



# Dream Group Facilitators



**Rachelle Oppenhuizen** is a spiritual director, expressive artist, and certified SoulCollage® facilitator based in Holland, Michigan. A 2011 graduate of the Haden Institute's Dream Work Certification Course, she is a devoted student of dreams and the imaginal realm. Her work invites others to engage mystery through creative practices that reach beyond language.



**Velma Rice** is a spiritual director, dream facilitator, and lay chaplain. Her contemplative path began with Community of Hope Chaplaincy in 2003 and deepened through practices like meditation, lectio divina, and Ignatian spirituality. A graduate of the Shalem Institute and the Haden Institute's Dream Work Certification Course, Velma facilitates dream groups including the NSRG circle.



**Mark Ritchie** is a spiritual director, life coach, non-profit advisor, owner of StillPoint Retreat, and cultural traveler. After much soul searching and a healing dream, he left his CEO career to pursue a call to lay ministry centered on finding purpose and meaning. He is a graduate of the Haden Institute in both the Spiritual Direction Training and Dream Work Training courses and has served as a Mentor in Spiritual Direction since 2010.



**Rik Rouquie** is a retired Presbyterian minister from Nashville, TN. He is a graduate of the Haden Institute Spiritual Direction and Dream Work Certification Courses, and now serves as a mentor in the Spiritual Direction Certification Course. He is a habitual Summer Dream Conference attendee.

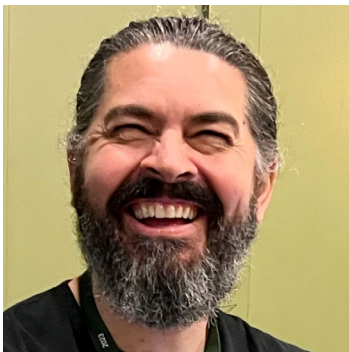
# Musicians



**Lindsey Blount** Lindsey is an American folk and jazz vocalist born and raised in West Palm Beach, Florida. Her interest and passion for music led her to complete her studies at Berklee College of Music. After finishing her degree, she married and relocated to her new home in Freiburg, Germany. She enjoys songwriting, performing, exposing her youth choir to Motown, and cooking with her husband, Jan. Her EP, *Some of the Lovely, vol. 1*, was released in March 2023.



**River Guerguerian** River is a multi-percussionist/composer/educator. He has been inspiring audiences with his colorful and innovative percussion for more than 30 years. He has performed in prestigious concert halls in 30 countries, and has recorded on over 300 albums and film soundtracks. **River** is the founder of Asheville Rhythm, which has produced the Asheville Percussion Festival since 2012. You can hear his lyrical style with his world jazz group Free Planet Radio, and other ensembles he curates. Visit him at [ShareTheDrum.com](http://ShareTheDrum.com).



**Chris Rosser** Chris is a multi-instrumentalist, singer-songwriter, composer and producer from Asheville, NC. As a solo performer, he has released four recordings. With Free Planet Radio, Chris has toured 20 cities in China and has released four recordings. He tours internationally in the bands of Omar Faruk Tekbilek, Rhonda Larson, and Lizz Wright. Chris has produced/engineered over 200 CD's for other artists in his recording studio, and has composed music for national commercial spots, and TV shows on Animal Planet, TLC, OWN, PBS and more. Visit him at [www.chrisrosser.com](http://www.chrisrosser.com).



# Resources

## Summer Conference Dream Group Guidelines

### *Some courtesies to offer your group*

1. Please remain with your assigned group.
2. Please be on time for all group meetings.
3. Please attend all four dream group meetings. If you must miss a session, please inform someone so that your group won't be waiting for you.
4. Your group will have a different facilitator for each session, which allows for the experience of different approaches and personalities. Enjoy the variety and please remain flexible and open.
5. Projection: All dream groups, regardless of the method used, should preface comments on another's dream with "in my dream..." or "what moves through me as I experience this dream..." as a way to minimize, own, and acknowledge projection.
6. No fixing. The dream group is not meant to be a psychotherapy group. Only the dreamer can say for sure what the dream means to her/him.
7. Maintain confidentiality concerning any personal information shared in a group. The safety of the container is all important. Sometimes groups like to continue talking about the dreams beyond the group container. If the dreamer agrees, then the dream may be discussed beyond the group meeting if done in the spirit of the shared spiritual journey; but the dreamer's name must always remain anonymous.
8. For in-person groups at Kanuga - Please be aware of those with physical limitations, sensitivities, and allergies. Please refrain from using highly scented grooming products.
9. Honor the Touchstones for Circles of Trust in a Brave Space, as well as the Haden Institute Ethical Guidelines. Both are found in the Conference Program.





# Resources

## Touchstones for Circles of Trust

### Touchstones for Circles of Trust in a Brave Space

(Adapted from AWARE-LA ([www.awarela.org](http://www.awarela.org)) and Touchstones by Parker Palmer)

1. **Be 100% present.** Set aside the usual distractions of things undone from yesterday, things to do tomorrow.
2. **Extend and presume hospitality.** We all learn most efficiently in spaces that welcome us. Welcome others to this place and presume that you are welcome, too.
3. **Listen Deeply.** Listen intently to what is said: listen to feelings beneath the words. As Quaker writer Douglas Steere puts it, “Holy listening – to ‘listen’ another’s soul into life, into a condition of disclosure and discovery – may be almost the greatest service that any human being ever performs for another.” Listen to yourself as well as others. Actively listen. Use your energy to listen to what is said before thinking about how to respond. Notice when defensiveness and denial arise.
4. **It is never “share or die”.** You will be invited to share in the group circle. The invitation is exactly that. You will determine the extent to which you want to participate.
5. **No fixing.** Each of us is here to discover our own truths, to listen to our own inner teacher. We are not here to set someone else straight or to help right another’s wrong.
6. **Suspend judgment.** Set aside your judgments. By creating a space between judgments and reactions, you can listen to the other more fully.
7. **Work to recognize your privileges.** Use this space to recognize and investigate your privileges (for example: class, gender, sexual orientation, ability). Honor the different experiences we all bring to this space.
8. **Identify Assumptions.** We are often unaware of our own assumptions, yet they undergird our worldview. By becoming aware of our assumptions, we can open the sharing to greater possibilities.
9. **Speak your truth.** You are invited to say what is in your heart, trusting that your voice will be heard, and your contribution respected. Your truth may be different from, even the opposite of, what another person has said. Yet speaking your truth is not debating with, or correcting, or interpreting what another has said. A helpful practice is to use “I” statements.
10. **Respect silence.** Silence is a rare gift in our busy world. After someone has spoken, take time to reflect without immediately filling the space with words.
11. **Maintain confidentiality.** Respect the confidential nature and content of what is shared. Be mindful to share the message, not the messenger.
12. **Be open to new discoveries.** A spirit of discovery helps us reconnect with our passions and embrace more creative ways of leading and nurturing community.
13. **When things get difficult, turn to wonder.** If you find yourself disagreeing with another, becoming judgmental, or shutting down in defense, try turning to wonder: “I wonder what brought her to this place?” “I wonder what my reaction teaches me?” “I wonder what he’s feeling right now?”





# Resources

## Dream Group Ethical Guidelines

**The Haden Institute adopts the Association for the Study of Dreams (ASD) ethics statements [see below] and adds the following:**

- Every dream group should be in the container of the spiritual for its safety and wisdom. Dreams put us in touch with the Divine as well as personal/social growth and problem solving.
- Although much good therapy happens as a by-product of dream groups and The Haden Institute dream training, it is not meant to be a psychotherapy group. We encourage good therapy with a professional when desired, especially as a way to work with your own counter-transference as a dream group leader.
- All dream groups, regardless of method used, should preface comments on another's dreams with "If it were my dream..." as a way to minimize, own, and acknowledge projection.

### ASD Dreamwork Ethics Statement

ASD celebrates the many benefits of dreamwork, yet recognizes that there are potential risks. ASD supports an approach to dreamwork and dream sharing that respects the dreamers' dignity and integrity; and which recognizes the dreamer as the decision-maker regarding the significance of the dream. Systems of dreamwork that assign authority over, or knowledge of the dream's meanings to someone who is not the dreamer can be misleading, incorrect and harmful. Ethical dreamwork helps the dreamer work with his/her own dream images, feelings, associations, etc., and guides the dreamer to more fully experience, appreciate and understand the dream. Every dream may have multiple meanings, and different techniques may be reasonably employed to touch these multiple layers of significance.

A dreamer's decision to share or discontinue sharing a dream should always be respected and honored. The dreamer should be forewarned that unexpected issues or emotions may arise in the course of dreamwork. Information and mutual agreement about the degree of privacy and confidentiality are essential ingredients in creating a safe atmosphere for dream sharing.

Dreamwork outside of clinical setting is not a substitute for psychotherapy, or other professional treatment, and should not be used as such.

ASD recognizes and respects that there are many valid and time-honored dreamwork traditions. We invite and welcome participation of dreamers from all cultures. There are social, cultural and transpersonal aspects to dream experience. In this statement we do not mean to imply that the only valid approach to dreamwork focuses on the dreamer's personal life. Our purpose is to honor and respect the person of the dreamer as well as the dream itself, regardless of how the relationship between two may be understood.

## Resources

# Haden Institute Guidelines for Dream Groups

*“The night asked me to read its poetry – all that ink spilled across my pillow.”*

– Rosemerry Wahtola Trommer

We come from and belong to an ancient and unbroken lineage of dreamers. Humans whose mornings began with sunrise and the question: “What did you dream?” Answers were fantastical, nonsensical, puzzling, clarifying, disturbing, mysterious, mind-bending, miraculous. The spoken dream was held as sacred and believed to be a message, missive, mandate from that liminal space of the world between worlds. The place that keeps safe what we don’t know we know . . . until the time comes when we are finally ready to know.

The Haden Institute honors this deep bone-knowing, acknowledging dreamwork to be as old as time. We continue to show reverence for the dream and the dreamer by providing a safe and methodical way of working with imagery, energy and narrative in a group setting. The procedures and parameters outlined as follows take care to create a brave space to explore what comes from the holy hush of Psyche. The Haden Method can be viewed as both protocol and posture: one that values curiosity, awe, intuition and insight.

Foundational to this program is the belief that dreams come in service of wholeness and healing. However, emerging wholeness and ongoing healing can be messy, disturbing and unexpected; it can also be illuminating, tender and unexpected. Therefore, we can expect the unexpected. Following a set of guidelines helps to ensure that what comes forward during this projective process can be heard and integrated as gently as possible by all who are present. When we are given a dream, we stand before a doorway. To bow at such a threshold, knowing not what we will encounter either in ourselves or in others, keeps us humble and heartfelt as we wonder and wander in this work together.



# Haden Institute Guidelines for Dream Groups

## Dream Work Guidelines

Acknowledge the sacred container: a poem or a prayer and/or a candle.

Everyone who wishes shares a dream or dream title. Choose one dream to work by equity, by vote or by lot.

The dreamer shares the dream twice, preferably in first person, present tense. The first time the group listens. The second time the group takes notes.

The group asks the dreamer clarifying questions. These are questions of factual detail, not interpretation. Questions stay inside the dream with no reference to the dreamer's waking life associations.

The dreamer shares the dream a third time, preferably from memory. The group listens with eyes closed, imagining themselves to be the dreamer.

The leader now asks the dreamer to give the dream to the group. The dreamer turns their chair around in the circle to avoid eye contact and takes notes for their own benefit. (If the dream group is virtual, the dreamer turns off their video screen.)

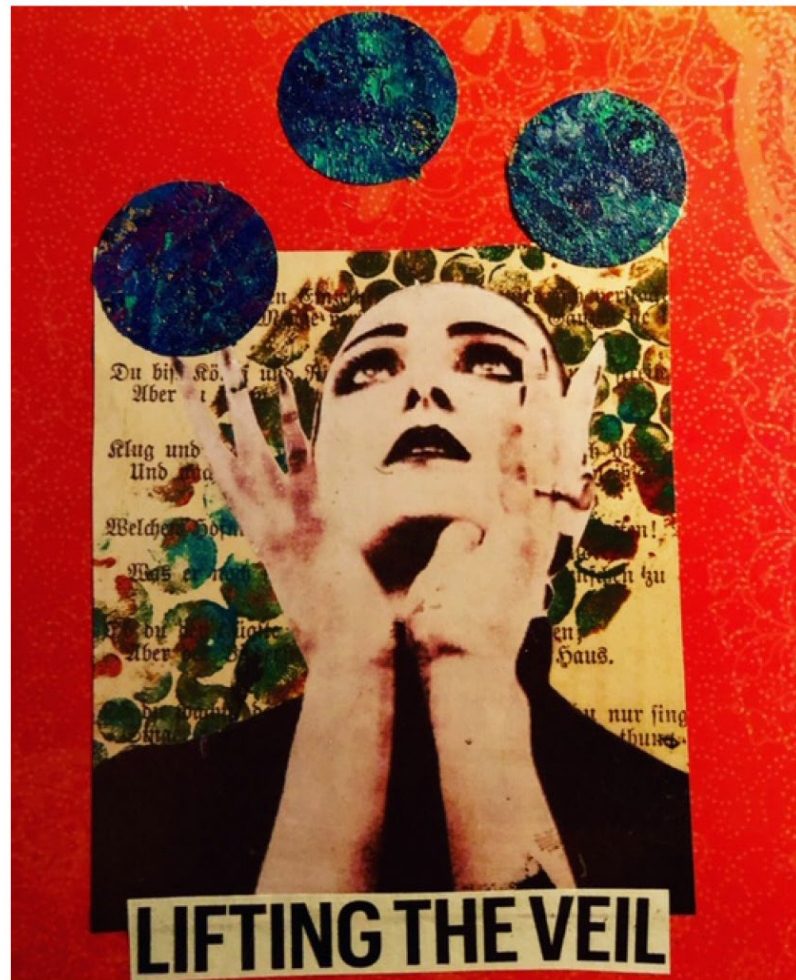
The group shares their projections. All projections begin with the words, "In my dream..." After the projections, the dreamer returns to the group to share from their notes whatever seems important.

If there is time, the leader could offer another exercise to carry the dream forward for each participant. (For example, the "Six Magic Questions" could be used.)

The circle is closed with a ritual of appreciation for the dream.

*This outline of the Haden Method is intended to offer general guidance for projective work. Every dream group leader will develop their own style with variations on this method.*

Collage.  
Paint.  
Weave.  
Sculpt.  
Draw.  
Color.  
Cut.  
Rip.  
Doodle.  
Glue.  
Wrap.  
Explore.  
Play.  
Embody.  
Integrate.  
Process.  
Heal.



*The Creative Space is chock-full of fun supplies and located in Jackson Hall. It is open for free play 24 hours a day, Thursday through Sunday. If you would like some guidance, Sheila Petruccelli will be available during sabbath each day. As the Director of Creative Embodiment for the Haden Institute, Sheila extends an open invitation to come check the place out or just get down to it and make a mess. Sheila is a heavy dreamer, an untamed (and untrained) artist and a holder of sacred space.*

