

Masculine Archetypes

This document explores four archetypes within the **masculine psyche** and their eight shadow expressions. The aim of these teachings is to integrate each archetype and move from immature polarized shadow behavior to a fully mature and healthy masculine embodiment.

King

The King is the central archetype that unites all others. His secure inner-authority creates a orderly sense of calm. He embodies the light of the sun, the sacred mountain, divine law and order. His potent, generative energy creates abundance for all. He blesses his people by recognizing and uplifting their gifts. He sacrifices his individual goals to live a life in service. His benevolence, fairness and support lay the foundation for a healthy culture.



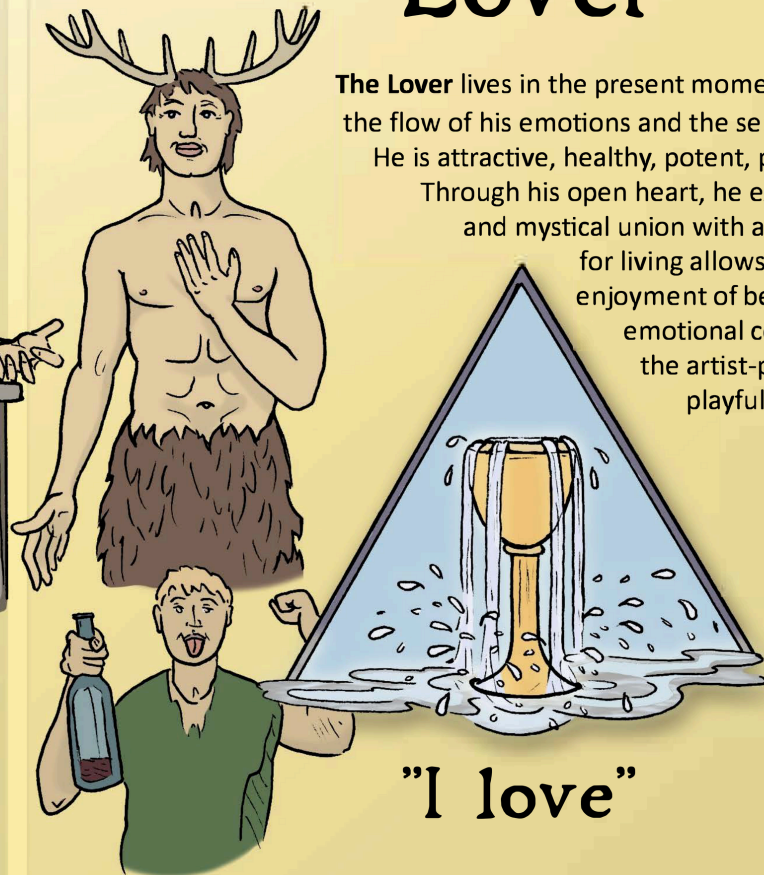
"I am"

The Tyrant compensates for his insecurity by forcing his will onto the people he is meant to protect. Instead of being an open channel for divine creative power, he inflates his personality and believes himself to be almighty. He desperately holds on to his power. He perceives others as threat.

The Weakling cannot find the center within him. He wants others to tell him what to do. He is full of distrust and fear of disloyalty. He sees himself surrounded by enemies and can easily be manipulated by others.

Lover

The Lover lives in the present moment. He freely allows the flow of his emotions and the sensuality of his body. He is attractive, healthy, potent, playful and creative. Through his open heart, he experiences oneness and mystical union with all of life. His passion for living allows for a deep, sensual enjoyment of beauty, pleasure, and emotional connectedness. He is the artist-poet, who allows his playful creativity to inspire everything he does.



"I love"

The Addict avoids his emotions. He tries to fill the emptiness inside by consuming experiences. Endless work, money, food, sex, drugs or adrenaline kicks are his ways to reach the "eternal orgasm". His unconscious search for wholeness possesses and ultimately destroys him.

The Depressed is stuck in painful emotion and withdraws from the world. He shuts down his creative expression to protect himself behind an armour of indifference. His apathy cuts him off from the joys of life. He feels separate and isolated. His libido is low.

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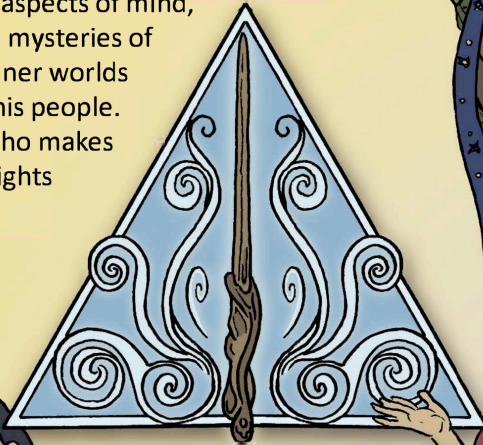
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Magician

The **Magician** is the knower and seer, the thoughtful truth-teller, and the master of special knowledge. He is the ritual elder with the experience to initiate others. As a scientist and shaman, he unites the intuitive and logical aspects of mind, diving deep into the mysteries of the outer and the inner worlds to find answers for his people. He is a storyteller, who makes information and insights available to others.



The Manipulator acts selfishly and uses his knowledge to increase his power and control others. His mind is cut off from his heart. To get what he wants, he manipulates and withholds vital information. His own analysis paralysis keeps him from engaging with life.



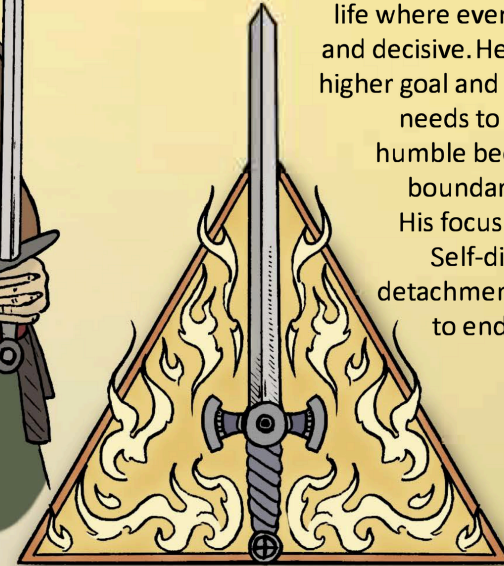
"I know"



The Denier pretends not to know. He finds excuses and wants to be seen as innocent. He denies his power, knowledge and responsibility. He uses this strategy to camouflage his jealousy and unintegrated hidden desires.

Warrior

The **Warrior** is a master of his own will power. Living with a full awareness of death creates a life where every act is meaningful and decisive. He acts in service to a higher goal and only destroys what needs to be destroyed. He is humble because he knows his boundaries and limitations. His focus is clear and skillful. Self-discipline, emotional detachment and a willingness to endure hardship allow him to be fearless in times of crisis.



"I want"



The Sadist gets swept away by his anger. He blindly exploits and attacks others. Deep down he is so wounded that he can't allow intimacy. Instead he derives a sense of satisfaction from hurting others. He brings cruelty, torture and rape into the world.



The Masochist is afraid of hurting others. He does not want to offend, damage or destroy. To maintain harmony at all costs, he is submissive and allows others to violate his boundaries. He does not stand up for himself and thinks of aggression as purely bad or evil.