

Living Crazy Brave (Living Normal Brave)

It's not about holding back the tears when life hurts

It's about suffering the tsunami of grief and maybe drowning.

It's not about fighting off the love that will break your heart

It's about being cracked wide open and sucked inside out.

It's not about being fierce or wild as a tiger

It's about dancing in the tiger's terrible stripes.

It's not about being strong or destined for glory

It's about clinging to the fragile threads of dignity.

It's not about planting both feet on the snow packed summit.

It's about the vertigo of failure plunging you deep into grace.

It's not about pulling up by bootstraps or soldiering on as arrows fly.

It's standing naked as love unravels every tangled scheme of survival.

– Merrill Farnsworth