

Dream Prayers & Accompanying Scripture

Islam

My Lord, I ask you to inform me what is beneficial and make me strong. For you are powerful, but I am not. You know but I do not. You know all secrets. My Lord, if my task... is beneficial for my religion, my life, and my afterlife, make it easier and make it my destiny. If my task... is bad for my religion, my life, or my afterlife, make me lose my desire, send me away, and do not make it my destiny. Ordain for me what is good, wherever it be, and then make me happy with it. (Istahāra)

- In the name of God, the Gracious, the Merciful.2. Praise be to God, Lord of the Worlds.3. The Most Gracious, the Most Merciful.4. Master of the Day of Judgment.5. It is You we worship, and upon You we call for help. 6. Guide us to the straight path.7. The path of those You have blessed, not of those against whom there is anger, nor of those who are misguided. Sura 1
- Your Lord creates whatever He wills, and He chooses. The choice is not theirs. Glory be to God, and exalted be He above the associations they make Sura 28:68
- And settle in your homes; and do not display yourselves, as in the former days of ignorance. And perform the prayer, and give regular charity, and obey God and His Messenger. God desires to remove all impurity from you, O People of the Household, and to purify you thoroughly. And remember what is recited in your homes of God's revelations and wisdom. God is Kind and Informed. Sura 33:33-4

Judaism

Sovereign of the Universe, I am Yours as are my dreams. I have dreamed a dream and know not what it is. Whether I have dreamed of myself, my companions have dreamed of me or I have dreamed of others, if they be good dreams, affirm and reinforce them like the dreams of Joseph; if they require remedy, heal them, as the waters of Marah were healed by our teacher, Moses, as Miriam was healed of her leprosy, Naaman of his leprosy, Hezekiah of his sickness, and the waters of Jericho by Elisha. As You transformed the curse of Balaam into a blessing, so turn all my dreams into something good for me and all who strive with the Source of Life. BT

Berachot 55B

- He (Jacob) had a dream; a stairway was set on the ground and its top reached to the sky, and messengers of God were going up and down on it. Genesis 28:12
- and [God] said, “Hear these My words: When prophets of YHWH arise among you, I make Myself known to them in a vision, I speak with them in a dream. Numbers 12:6
- Yours, LORD, are greatness, might, splendor, triumph, and majesty—yes, all that is in heaven and on earth; to You, LORD, belong sovereignty and preeminence above all. Riches and honor are Yours to dispense; You have dominion over all; with You are strength and might, and it is in Your power to make anyone great and strong. I Chronicles 29:11-12
- In the thirtieth year, on the fifth day of the fourth month, when I was in the community of exiles by the Chebar Canal, the heavens opened and I saw visions of God. Ezekiel 1:1