

Understanding Myself as a Spiritual Companion

Where do I currently see myself in the following areas?

Authority:

Very High _____ *Very Low*
(“Spiritual Authority”) (Spiritual Companion)

Formality

Very High _____ *Very Low*
(“Spiritual Director”) (Soul Friend)

Accountability

Very High _____ *Very Low*

Mutuality of Companion and Companioned

Very High _____ *Very Low*

Environmental Structure

Very High _____ *Very Low*

Theological Language

Very Specific _____ *Very Generic*

Exploration of meaning and interpretation

Complex _____ *Simple*

Use of Symbols, Spiritual Practices, and other activities

Very Frequent _____ *Very Rare*

Instruction and Feedback

Very Frequent _____ *Very Rare*