



*the*  
**Haden  
Institute**

***Sacred Soul, Sacred Calling***  
**Haden Summer Dream and Spirituality Conference**

**2024 WORKSHOP DESCRIPTIONS**

**1. Chelsea Wakefield – *The Luminous Woman***

We will explore the archetypal underpinnings of a woman's journey of individuation and examine how it differs from the Hero's Journey - a more masculine-based model. Participants will identify their personal archetypal profiles and the energies that are seeking integration for greater wholeness. *(Offered in person and virtually)*

**2. Tony Caldwell – *Reimagining Masculinity: from Complex and Cultural Trauma to Transcendence and Individuation***

Explore masculinity as a philosophical and psychological concept, as an energetic expression, and as the product of the nurturing, sustaining, and regional and societal systems. We will address aspects of masculinity regarding transgenerational trauma and the accumulation of collective shadow, drawing on the works of Jung, Von Franz, Woodman, Hillman, and a conversation Tony had with James Hollis. *(Offered in person and virtually)*

**3. Brian Relph - *Opening Your Akashic Record***

Join us to learn a form of prayer called Akashic Records, which allows us to open an intuitive channel and invite a loving presence into our consciousness. This can result in a feeling of warmth and support, intuitive insight regarding right action, and receiving of timely wisdom and understanding. *(Offered in person)*

**4. Hannah Joy - *Calling a Circle of Crones to Co-create a Ceremony of Honor***

Join our Sacred Circle designed and held especially for women who have lived through the first stages of life and wish to fully embody elderhood. We'll utilize our collective bone-deep knowing to unfold the mysteries and glories of being a Crone. A Croning Ceremony may evolve from our work together. *(Offered in person)*

**5. Howard Addison - *Lifting the Sparks: Kabbalah, Sacred Calling and Healing Our Broken World***

Jewish Mystical lore teaches that God manifests through 10 Sefirot, the Tree of Life's Divine facets. "The Fall" severed Being's structure, scattering the Sefirot's godly sparks. Through chant, imagery and journaling, we'll discern our unique Sefira/Soul Root and which sparks are ours to restore. *(Offered in person and virtually)*

**6. Jeri Sarracino - *Visual Journaling***

Visual journals are representations of one's thoughts, feelings, answers to questions, dreams and more. They are also a way to have fun and to be creative. In this workshop we'll explore visual journaling. Participants will have the opportunity to begin creating journals of their own. *(Offered in person)*

**7. Rawls Howard - *C.G. Jung in the 12 Step Recovery Community***

Rawls is a long-time member of Alcoholics Anonymous, who was, and is, greatly influenced by the work of C.G. Jung in his ongoing journey of recovery. Participants in the workshop will learn to use the works of Jung and the interpretation of dreams in working their 10<sup>th</sup> and 11<sup>th</sup> Steps. *(Offered in person)*

**8. Christy Austin - *Into the Oven: The Alchemy of Remembering Our Creative Truth***

Using questions and creativity-related prompts related to my favorite fairytale, The Goose Girl, we will explore how challenging times can cause us to lose the truth of who we are and how that loss can express itself in the "creativity desert." *(Offered virtually)*

**9. Karen Campbell - *Circles of Belonging: Exploring the Mandala for Personal Insight and Discernment***

Creative process invites images to come forth from our own psyche and from the deep well of the collective unconscious. Using music, movement, and image, we will engage in a meditative process of drawing expressive mandalas whose both process and product provide insight and discernment. *(Offered virtually)*

**10. Toko-pa Turner - *Courting the Dream***

Rather than trying to acquire an insight, or solution to a problem from a dream, Courtship reverses this approach. It attempts to discover what the dream longs for. Once we know this, we can move our lives in response to that longing. Toko-pa will also lead the group in a somatic experience with a dream symbol, followed by a group discussion. *(Offered in person and virtually. Repeated on Saturday)*

**11. Bob Hoss - *Working with the Healing Power in Your Dreams and Individuation***

Explore masculinity as a philosophical and psychological concept, as an energetic expression, and as the product of the nurturing, sustaining, and regional and societal systems. We will

address aspects of masculinity regarding transgenerational trauma and the accumulation of collective shadow, drawing on the works of Jung, Von Franz, Woodman, Hillman, and a conversation Tony had with James Hollis. *(Offered in person and virtually)*

**12. Vance Reese and Harper Reese - *Zombies and Zoom: The Undergraduate Zeitgeist and Dreamz***

Vance teaches classes involving dreamwork at Brevard College in NC, and Harper is an experienced post-baccalaureate dream group attendee. From our combined experience working dreams, we have collected themes that are prevalent among youth today. We will present those themes and demonstrate ways of working with undergraduates in understanding dreams. *(Offered in person)*

**13. Julie Lumpkin - *Reclaiming Our Dream Heritage for Sacred Calling***

Bob Haden's book *Unopened Letters from God* presents an early history of teachings on dreams. We will discuss scholar-theologians Bob introduces (primarily from the third through sixth centuries) whose ideas led to the ultimate abandonment by the Orthodox Church and western world of dreams as tools for spiritual growth and healing. *(Offered in person and virtually)*

**14. Darby Christopher - *Dream Flash Mob***

Engaging our imaginations to ask what sound, music, words and movement move through us in relation to a dream brought by a participant, the dreamer will collaboratively choose from among the offerings to put together an embodied, visual, and auditory representation of the dream. The group will practice this "routine" and, if desired, plan a time to meet and share it publicly. You do not have to take part in the flash mob to attend this workshop. *(Offered in person)*

**15. Aditi Sethi - *Die Before You Die***

Join Aditi in a discussion about our approach to death in the modern world, a return to a way of being with death that is so old it looks new, and ways we can engage with death, dying and grief in community and with ourselves. *(Offered in person and virtually)*

**16. Brian Relph - *Charting Your Soul Path***

Join us for an introduction to a rare and wonderful modality called Soul Path in which we use an ancient form of numerology to chart and understand the energies that you brought into this life which form your unique gifts, challenges, and lessons you set out to learn in this incarnation. *(Offered virtually)*

**17. Dina Delaney - *Grounded in Soul: Movement with the Sacred***

Moving in communion, we elucidate the spiritual nature of the inner and outer dream while experiencing both personal and universal symbols that call for the awakening

between body and soul. Ignited by imagination, spirit and ground become one, amplified through our collective sacred dance. *(Offered virtually)*

**18. Chris Bache – *Diamonds from Heaven 1: Exploring the Cosmic Mind through Psychedelics***

After thousands of years of gestation through countless cycles of rebirth, our planet is birthing the Diamond Soul. We are living in service of this evolutionary project. I will go deeper into my psychedelic journey - describing the protocol and the escalating spiral of death and rebirth it triggered, the dimensions of consciousness that opened and the challenge of achieving sustained communion with them. *(Offered in person and virtually, prerequisite to part 2)*

**19. Sue DiVita - *Dreams and the Sacred Contract***

We will explore the idea of sacred contracts - the agreements we made before incarnating - and their appearances in dreams. Through the use of shamanic journeying techniques, we will explore with the intention of discovering more about our souls' purposes in this lifetime. *(Offered in person)*

**20. Joe Smith - *Forest Bathing***

The Japanese shinrin yoku, or "forest bathing," is the practice of intentional communion with nature. During this guided, gentle walking meditation through Kanuga's wooded areas, participants will find themselves grounded and aware of the interconnectedness of all things. *(Offered in person)*

**21. Jule Nyhuis - *Embracing the Path of Mary The Magdalene to Re-awaken Soul***

We will explore the Divine Feminine path of inner knowing through images, words, and stories of Mary the Magdalene. We will practice a Magdalene Healing Pattern, a spiritual technique that unites body and soul to amplify indwelling Love as a way to live in authentic truth. *(Offered in person and virtually)*

**22. Jason Loscuito - *Engaging the Masculine/Logos Energy to Engage in Positive Change***

Participants will engage in conversation with three masculine/logos archetypes based on Matthew Fox's *The Hidden Spirituality of Men*. The archetypes we will explore are the Green Man, the Warrior and Grandfather Sky. *(Offered in person and virtually)*

**23. Laura Horton-Ludwig - *The Heart of Your Gifts: A Shamanic Exploration of Authentic Social Engagement***

In this beginner-friendly workshop, participants will learn about basic principles of Core Shamanism. Then, using a drumbeat to help shift your consciousness, you'll try two journeys to meet a helping spirit and ask to be shown the heart of the gifts you can authentically offer the world. *(Offered virtually)*

**24. Danielle Shroyer – *The Role of the Divine in Dreamwork, Soul Work, and the Repair of the World***

Join Danielle Shroyer to continue to explore the role of the Divine in dreamwork, soul work, and the repair of the world through poetry, journaling and reflection, conversation, interactive stations, and art. *(Offered in person and virtually)*

**25. Chris Bache – *Diamonds from Heaven 2: Remembering Together***

We will explore the transformative potential of deep relaxation and guided visualization. Can one person's living memory of cosmic communion be transmitted through visualization exercises? To what degree can my personal remembering of cosmic insights be harnessed to facilitate a collective remembering of those insights? We will process our experiences in the group. *(Offered in person and virtually. Diamonds from Heaven 1 is a prerequisite for this workshop)*

**26. Megan Lyon - *Four Faces of the Feminine: An Exploration of Our Guiding Archetypes***

Explore Toni Wolff's ideas of the four aspects of the feminine psyche, encountering each type through guided meditation and determining which type is needed for your sacred work in the world. You will be encouraged after the workshop to create a SoulCollage® card representing your primary archetype. *(Offered in person and virtually)*

**27. Layne Racht - *Super-Vision: Wisdom and Soulcare for Spiritual Directors, Dreamworkers, and other Soulcare Providers***

Throughout the Soulcare community there's an emphatic call for strong ethics and sustaining resources. Soulcare workers need deep ethical training and ongoing support. Together these things are "Super-Vision," the skilled provision of support and discernment. This workshop explores those tools, providing attendees with ways to access this "Super-Vision." *(Offered in person and virtually)*

**28. Bill Hobbs - *The Three Questions - Tolstoy and Discernment***

Through contemplative conversation we will provide space and time for each participant to engage in the questions of Leo Tolstoy's short story *The Three Questions* as an entry into discernment in our lives: When is the right time? Who are the right people? What is the most important thing to do? *(Offered in person and virtually)*

**29. Jennie Wakefield - *Language, Body, and Meaning***

Using a writing prompt, we explore how language is not only the product of a disembodied mind but is itself embodied. We consider how a cultural emphasis on narrative can take precedence over embodiment. We play with how our callings are grounded in the wholeness of body and mind. *(Offered in person and virtually)*

**30. Jeanne Schul - *Make Any Journey a Pilgrimage***

The secret to soulful travel is the intention to discover and be with the sacred. We will explore what makes a place holy for each of us; make preparations for pilgrimage; receive a blessing;

open to divine messages; and return with the treasure. Bring a journal and images that call to you. *(Offered in person and virtually)*

**31. Joe Smith - The New Cosmology**

The modern technocratic paradigm has manufactured climate catastrophe and stripped us of the stories that for thousands of years helped us understand who we are. But for the first time in human history, we are poised to create a science-based cosmology that tells our story within the universe's story. *(Offered virtually)*

**32. Laura Horton-Ludwig - *Come Home to the Life You Long For: Finding Your Authentic Path to Social Engagement***

An experiential workshop for highly sensitive people, empaths, and other intuitives, drawing on three practices from spiritual direction and coaching to help you gain clarity on your own path to authentic social engagement. My shamanic workshop isn't a prerequisite but pairs well with this one. *(Offered virtually)*