



the  
**Haden  
Institute**



*art by Christy Austin*

# ***Sacred Soul, Sacred Calling***

**2024 Summer Dream and Spirituality Conference**  
***May 29 - June 2, 2024***

# Contents

Director's Welcome	3
Conference Schedule	4-9
Workshop Descriptions and Locations:	
Thursday	10
Friday	11
Saturday	12
Sunday	12-13
Staff and Speaker Photos and Biographies:	
Haden Staff	14-15
Keynote Speakers	16-18
Workshop Presenters	18-23
Dream Group Resources:	
Touchstones	24
Dream Group Ethical Guidelines	25
Dream Group Process Guidelines	26-27



*Late in his life, Carl Jung foresaw the end of Christendom and the disintegration of human culture as humanity attempted, in vain, to live without a guiding mythology. He believed it was an existential crisis. When asked if he believed humanity would survive, he replied, "Maybe, but only if enough of us do our inner work."*

*I do my inner work in order to help others; I help others in order to do my inner work.*  
– Ram Dass

Dear Friends,



I want to welcome you warmly and enthusiastically to this year's Summer Dream and Spirituality Conference, *Sacred Soul, Sacred Calling*. The need has never been greater for individuals to do their inner work, not just for the sake of their own wholeness, but for the survival and wholeness of the planet. The challenge can feel overwhelming, so it is critical to discern not only what must be done, but what is each of ours to do.

Rather than look to external authorities for guidance, we must learn to discern and trust the Divine wisdom that is within. Toko-pa Turner will speak on "Sophia: Following the Way of Wisdom." Jerry Wright will ask, "What Desires to Enter the World Through Us?" Fanny Brewster will speak to "Sacred Call: To Listen, Follow and Honor." Sheila Petruccelli will address, "Desire as Compass." And those are only four of the nine major addresses! In addition, this year there are 32 workshops, four dream groups, four morning Eucharists in St. Francis Chapel, a concert and daily music and rituals. This year's conference is a festival of inspiration, celebration, and hope. Whether you are with us in person on the beautiful campus of Kanuga Conference Center or joining us virtually, this conference is an experience of community. As we are fond of saying at Haden, "You alone can become yourself, but you cannot become yourself alone."

We're going to have an amazing week together! Welcome!

Allen Proctor  
Director, The Haden Institute



# Wednesday, May 29

2:00-5:00 PM

Check-In

*Main Lobby*

3:30 PM

Dream Group Facilitators Meeting

*St. John's*

4:30 PM

Workshop Presenters and Hosts Meeting

*St. John's*

5:00 PM

Social and Introductions

*Johnson Fireplace  
Lounge and Porch*

6:00 PM

Supper Break

*Dining Hall*

7:00 PM

Opening Ritual: Christy Austin

*Balthis-Rodwell*

7:30 PM

Jerry Wright

*What Desires to Enter the World  
Through Us?*

*Balthis-Rodwell*

## Daily Sabbath Options - 12:30 PM - 2:30 PM

- Rest, Walk, Hike, Gym, Nap
- Creative Space - *Jackson Hall, Minkler Grove* | Virtual Space, *Christy Austin*
- Labyrinth
- 1:00 Thursday Only, "Remembering Sydnor Thompson" - *St. Francis Chapel*
- 1:30 PM Yoga Daily - *Lake Front Pavilion*



# Thursday, May 30

7:00 AM - Yoga	<i>Lake Front Pavilion</i>
7:30 PM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Tony Caldwell <i>Race, Faith and Place: Bearing Witness to Collective Grief, Shame and Trauma in the American South</i>	<i>Balthis-Rodwell</i>
10:20 AM - Break	
10:30 AM - Chelsea Wakefield <i>Becoming a Rainmaker in Challenging Times</i>	<i>Balthis-Rodwell</i>
11:30 AM - Lunch	<i>Dining Hall</i>
12:30-2:30 PM - Sabbath	<i>See options, p. 4</i>
12:30-4:30 PM - Dream Groups	<i>See assignment list</i>
4:45-6:15 PM - Workshops	<i>See p. 10</i>
6:30 PM - Supper	<i>Dining Hall</i>



# Friday, May 31

7:00 AM - Yoga	<i>Lake Front Pavilion</i>
7:30 PM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Bob Hoss <i>Dreaming the Wisdom of Our Soul</i>	<i>Balthis-Rodwell</i>
10:20 AM - Break	
10:30 AM - Toko-pa Turner <i>Sophia: Following the Way of Wisdom</i>	<i>Balthis-Rodwell</i>
11:30 AM - Lunch	<i>Dining Hall</i>
12:30-2:30 PM - Sabbath	<i>See options, p. 4</i>
12:45 PM - Dream Group Facilitator's Meeting	<i>St. John's</i>
2:30-4:00 PM - Dream Groups	<i>See assignment list</i>
4:15-5:45 PM - Workshops	<i>See p. 11</i>
6:00 PM - Supper	<i>Dining Hall</i>
7:30 PM - Concert	<i>Balthis-Rodwell</i>



# Saturday, June 1

7:00 AM - Yoga	<i>Lake Front Pavilion</i>
7:30 PM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Fanny Brewster ( <i>virtually</i> ) <i>Sacred Call: To Listen, Follow, and Honor</i>	<i>Balthis-Rodwell</i>
10:20 AM - Break	
10:30 AM - Chris Bache <i>Jung as Companion of the Psychedelic Path</i>	<i>Balthis-Rodwell</i>
11:30 AM - Lunch	<i>Dining Hall</i>
12:30-2:30 PM - Sabbath	<i>See options, p. 4</i>
12:45 PM - Dream Group Facilitator's Meeting	<i>St. John's</i>
2:30-4:00 PM - Dream Groups	<i>See assignment list</i>
4:15-5:45 PM - Workshops	<i>See p. 12</i>
6:00 PM - Supper	<i>Dining Hall</i>



# Sunday, June 2

7:00 AM - Yoga	<i>Lake Front Pavilion</i>
7:30 PM - Eucharist	<i>St. Francis Chapel</i>
8:00 AM - Breakfast	<i>Dining Hall</i>
9:00 AM - Music and Announcements	<i>Balthis-Rodwell</i>
9:20 AM - Danielle Shroyer <i>Is Your God Too Small Far?</i>	<i>Balthis-Rodwell</i>
10:20 AM - Break	
10:30 AM - Sheila Petrucelli <i>Desire as Compass</i>	<i>Balthis-Rodwell</i>
11:30 AM - Lunch	<i>Dining Hall</i>
12:30-2:30 PM - Sabbath	<i>See options, p. 4</i>
12:45 PM - Dream Group Facilitator's Meeting	<i>St. John's</i>
2:30-4:00 PM - Dream Groups	<i>See assignment list</i>
4:15-5:45 PM - Workshops	<i>See pp. 12-13</i>
6:00 PM - Supper	<i>Dining Hall</i>
7:00 PM - Closing Ritual: Christy Austin	<i>Balthis-Rodwell</i>
8:00 PM - Closing Social	<i>Lakefront Pavilion</i>





# Monday, June 3

7:30 AM - Breakfast and Depart

*Dining Hall*

*(In order to accommodate an incoming group,  
we must be out of our rooms no later than 10:00 AM)*

Thank you for being with us!

Join us next year for our  
annual Summer Dream  
and Spirituality Conference

May 28 - June 1, 2025  
*Register today!*

Scan the QR code below or visit  
<https://bit.ly/HadenSDC2025>



# Workshops | Thursday

## Chelsea Wakefield – *The Luminous Woman*

Balthis

We will explore the archetypal underpinnings of a woman's journey of individuation and examine how it differs from the Hero's Journey - a more masculine-based model. Participants will identify their personal archetypal profiles and the energies that are seeking integration for greater wholeness. *(Offered in person and virtually)*

## Tony Caldwell – *Reimagining Masculinity: from Complex and Cultural Trauma to Transcendence*

Gooch Main

**Individuation** - Explore masculinity as a philosophical and psychological concept, as an energetic expression, and as the product of the nurturing, sustaining, and regional and societal systems. We will address aspects of masculinity regarding transgenerational trauma and the accumulation of collective shadow, drawing on the works of Jung, Von Franz, Woodman, Hillman, and a conversation between Tony and James Hollis. *(Offered in person and virtually)*

## Brian Relph - *Charting Your Soul Path*

Gooch B

Join us for an introduction to a rare and wonderful modality called Soul Path in which we use an ancient form of numerology to chart and understand the energies that you brought into this life which form your unique gifts, challenges, and lessons you set out to learn in this incarnation. *(Offered in person)*

## HannaH Joy - *Calling a Circle of Crones to Co-create a Ceremony of Honor*

Clarke

Join our Sacred Circle designed and held especially for women who have lived through the first stages of life and wish to fully embody elderhood. We'll utilize our collective bone-deep knowing to unfold the mysteries and glories of being a Crone. A Croning Ceremony may evolve from our work together. *(Offered in person)*

## Howard Addison - *Lifting the Sparks: Kabbalah, Sacred Calling and Healing Our Broken World*

Gooch A

Jewish Mystical lore teaches that God manifests through 10 Sefirot, the Tree of Life's Divine facets. "The Fall" severed Being's structure, scattering the Sefirot's godly sparks. Through chant, imagery and journaling, we'll discern our unique Sephira/Soul Root and which sparks are ours to restore. *(Offered in person and virtually)*

## Jeri Sarracino - *Visual Journaling*

Gooch C

Visual journals are representations of one's thoughts, feelings, answers to questions, dreams and more. They are also a way to have fun and to be creative. In this workshop we'll explore visual journaling. Participants will have the opportunity to begin creating journals of their own. *(Offered in person)*

## Rawls Howard - *C.G. Jung in the 12 Step Recovery Community*

St, John's

Rawls is a long-time member of Alcoholics Anonymous, who was, and is, greatly influenced by the work of C.G. Jung in his ongoing journey of recovery. Participants in the workshop will learn to use the works of Jung and the interpretation of dreams in working their 10th and 11th Steps. *(Offered in person)*

## Christy Austin - *Into the Oven: The Alchemy of Remembering Our Creative Truth*

Virtual

Using questions and creativity-related prompts related to my favorite fairytale, The Goose Girl, we will explore how challenging times can cause us to lose the truth of who we are and how that loss can express itself in the "creativity desert." *(Offered virtually)*

## Karen Campbell - *Circles of Belonging: Exploring the Mandala for Personal Insight*

Virtual

**and Discernment** - Creative process invites images to come forth from our own psyche and from the deep well of the collective unconscious. Using music, movement, and image, we will engage in a meditative process of drawing expressive mandalas whose both process and product provide insight and discernment. *(Offered virtually)*



# Workshops | Friday

## **Toko-pa Turner - *Courting the Dream***

**Balthis**

Rather than trying to acquire an insight, or solution to a problem from a dream, Courtship reverses this approach. It attempts to discover what the dream longs for. Once we know this, we can move our lives in response to that longing. Toko-pa will also lead the group in a somatic experience with a dream symbol, followed by a group discussion.

*(Offered in person and virtually. Repeated on Saturday)*

## **Bob Hoss - *Working with the Healing Power in Your Dreams and Individuation***

**Gooch A**

Working with dreams, you gain insights about waking life situations a dream is dealing with. Going deeper, you may find that the dream is more about emotions and reactions to said event. Participants will leave with methods for revealing conflicts and barriers the dream speaks to, and five clues for recognizing the self-healing resolutions dream contain. Bring a dream to work with if you like. *(Offered in person and virtually)*

## **Vance Reese and Harper Reese - *Zombies and Zoom: The Undergraduate Zeitgeist and Dreamz***

**Gooch B**

Vance teaches classes involving dreamwork at Brevard College in NC, and Harper is an experienced post-baccalaureate dream group attendee. From our combined experience working dreams, we have collected themes that are prevalent among youth today. We will present those themes and demonstrate ways of working with undergraduates in understanding dreams. *(Offered in person)*

## **Julie Lumpkin - *Reclaiming Our Dream Heritage for Sacred Calling***

**Gooch C**

Bob Haden's book *Unopened Letters from God* presents an early history of teachings on dreams. We will discuss scholar-theologians Bob introduces (primarily from the third through sixth centuries) whose ideas led to the ultimate abandonment by the Orthodox Church and western world of dreams as tools for spiritual growth and healing. *(Offered in person and virtually)*

## **Darby Christopher - *Dream Flash Mob***

**Clarke**

Engaging our imaginations to ask what sound, music, words and movement move through us in relation to a dream brought by a participant, the dreamer will collaboratively choose from among the offerings to put together an embodied, visual, and auditory representation of the dream. The group will practice this "routine" and, if desired, plan a time to meet and share it publicly. You do not have to take part in the flash mob to attend this workshop.

*(Offered in person)*

## **Aditi Sethi - *Die Before You Die***

**Gooch Main**

Join Aditi in a discussion about our approach to death in the modern world, a return to a way of being with death that is so old it looks new, and ways we can engage with death, dying and grief in community and with ourselves.

*(Offered in person and virtually)*

## **Brian Relph - *Opening Your Akashic Record***

**Virtual**

Join us to learn a form of prayer called Akashic Records, which allows us to open an intuitive channel and invite a loving presence into our consciousness. This can result in a feeling of warmth and support, intuitive insight regarding right action, and receiving of timely wisdom and understanding. *(Offered virtually)*

## **Dina Delaney - *Grounded in Soul: Movement with the Sacred***

**Virtual**

Moving in communion, we elucidate the spiritual nature of the inner and outer dream while experiencing both personal and universal symbols that call for the awakening between body and soul. Ignited by imagination, spirit and ground become one, amplified through our collective sacred dance. *(Offered virtually)*



# Workshops | Saturday

## Toko-pa Turner - *Courting the Dream*

Balthis

Rather than trying to acquire an insight, or solution to a problem from a dream, Courtship reverses this approach. It attempts to discover what the dream longs for. Once we know this, we can move our lives in response to that longing. Toko-pa will also lead the group in a somatic experience with a dream symbol, followed by a group discussion.

*(Offered in person and virtually)*

## Chris Bache – *Diamonds from Heaven 1: Exploring the Cosmic Mind through Psychedelics*

Gooch Main

After thousands of years of gestation through countless cycles of rebirth, our planet is birthing the Diamond Soul. We are living in service of this evolutionary project. I will go deeper into my psychedelic journey - describing the protocol and the escalating spiral of death and rebirth it triggered, the dimensions of consciousness that opened and the challenge of achieving sustained communion with them. *(Offered in person and virtually; prerequisite to part 2)*

## Sue DiVita - *Dreams and the Sacred Contract*

Clarke

We will explore the idea of sacred contracts - the agreements we made before incarnating - and their appearances in dreams. Through the use of shamanic journeying techniques, we will explore with the intention of discovering more about our souls' purposes in this lifetime. *(Offered in person)*

## Joe Smith - *Forest Bathing*

St. John's

The Japanese shinrin yoku, or "forest bathing," is the practice of intentional communion with nature. During this guided, gentle walking meditation through Kanuga's wooded areas, participants will find themselves grounded and aware of the interconnectedness of all things. *(Offered in person)*

## Jason Loscuito - *Engaging the Masculine/Logos Energy to Engage in Positive Change*

Gooch A

Participants will engage in conversation with three masculine/logos archetypes based on Matthew Fox's *The Hidden Spirituality of Men*. The archetypes we will explore are the Green Man, the Warrior and Grandfather Sky.

*(Offered in person and virtually)*

## Jule Nyhuis - *Embracing the Path of Mary The Magdalene to Re-awaken Soul*

Virtual

We will explore the Divine Feminine path of inner knowing through images, words, and stories of Mary the Magdalene. We will practice a Magdalene Healing Pattern, a spiritual technique that unites body and soul to amplify indwelling Love as a way to live in authentic truth. *(Offered virtually)*

## Laura Horton-Ludwig - *The Heart of Your Gifts: A Shamanic Exploration of Authentic*

Virtual

*Social Engagement* - In this beginner-friendly workshop, participants will learn about basic principles of Core Shamanism. Then, using a drumbeat to help shift your consciousness, you'll try two journeys to meet a helping spirit and ask to be shown the heart of the gifts you can authentically offer the world. *(Offered virtually)*

# Workshops | Sunday

## Danielle Shroyer – *The Role of the Divine in Dreamwork, Soul Work, and the Repair of the World*

Balthis

Join Danielle Shroyer to continue to explore the role of the Divine in dreamwork, soul work, and the repair of the world through poetry, journaling and reflection, conversation, interactive stations, and art.

*(Offered in person and virtually)*



# Workshops | Sunday (cont'd)

## **Chris Bache – *Diamonds from Heaven 2: Remembering Together***

Gooch Main

We will explore the transformative potential of deep relaxation and guided visualization. Can one person's living memory of cosmic communion be transmitted through visualization exercises? To what degree can my personal remembering of cosmic insights be harnessed to facilitate a collective remembering of those insights? We will process our experiences in the group. *(Offered in person and virtually; Diamonds from Heaven 1 is a prerequisite)*

## **Megan Lyon - *Four Faces of the Feminine: An Exploration of Our Guiding Archetypes***

Gooch A

Explore Toni Wolff's ideas of the four aspects of the feminine psyche, encountering each type through guided meditation and determining which type is needed for your sacred work in the world. You will be encouraged after the workshop to create a SoulCollage® card representing your primary archetype. *(Offered in person and virtually)*

## **Layne Racht - *Super-Vision: Wisdom and Soulcare for Spiritual Directors, Dreamworkers, and other Soulcare Providers***

Clarke

Throughout the Soulcare community there's an emphatic call for strong ethics and sustaining resources. Soulcare workers need deep ethical training and ongoing support. Together these things are "Super-Vision," the skilled provision of support and discernment. This workshop explores those tools, providing attendees with ways to access this "Super-Vision." *(Offered in person and virtually)*

## **Bill Hobbs - *The Three Questions - Tolstoy and Discernment***

Gooch B

Through contemplative conversation we will provide space and time for each participant to engage in the questions of Leo Tolstoy's short story *The Three Questions* as an entry into discernment in our lives: When is the right time? Who are the right people? What is the most important thing to do? *(Offered in person)*

## **Jennie Wakefield - *Language, Body, and Meaning***

Gooch C

Using a writing prompt, we explore how language is not only the product of a disembodied mind but is itself embodied. We consider how a cultural emphasis on narrative can take precedence over embodiment. We play with how our callings are grounded in the wholeness of body and mind. *(Offered in person and virtually)*

## **Jeanne Schul - *Make Any Journey a Pilgrimage***

St. John's

The secret to soulful travel is the intention to discover and be with the sacred. We will explore what makes a place holy for each of us; make preparations for pilgrimage; receive a blessing; open to divine messages; and return with the treasure. Bring a journal and images that call to you. *(Offered in person and virtually)*

## **Joe Smith - *The New Cosmology***

Virtual

The modern technocratic paradigm has manufactured climate catastrophe and stripped us of the stories that for thousands of years helped us understand who we are. But for the first time in human history, we are poised to create a science-based cosmology that tells our story within the universe's story. *(Offered virtually)*

## **Laura Horton-Ludwig - *Come Home to the Life You Long For: Finding Your Authentic Path to Social Engagement***

Virtual

An experiential workshop for highly sensitive people, empaths, and other intuitives, drawing on three practices from spiritual direction and coaching to help you gain clarity on your own path to authentic social engagement. My shamanic workshop isn't a prerequisite but pairs well with this one. *(Offered virtually)*



# Haden Staff



**Allen Proctor** (he/him) is the director of the Haden Institute, a spiritual director and a Presbyterian minister. Allen works with others to explore questions of identity, relationships, vocation and meaning using Dream Work, the Enneagram, the Myers-Briggs Type Indicator, meditation practices and creation spirituality.



**Corey Keyes** (he/him) is director of operations for the Haden Institute. He has served as a spiritual guide and ordained UCC pastor in New York State for the past three decades. Corey also maintains a private spiritual direction practice. He is a graduate of the Haden Institute's Spiritual Direction Program and Dream Work Certification Courses.



**Denise Joseph, Ph.D.** (she/her/their) is the director of administration for the Haden Institute. A psychologist, life coach, spiritual director, chaplain, and Interfaith minister, they believe we are all searching for meaning. Denise is a graduate of the Haden Institute's Spiritual Direction Certification Course.



**Sheila Petruccelli** (she/love) holds sacred space as the director of creative embodiment for the Haden Institute, allowing others to find expression for the emergent edge of growth which often defies language. She bows before the unseen, unknown and unimaginable. She offers spiritual direction, dreamwork and astrological readings to clients in private practice.



## Haden Staff (cont'd)



**Christy Austin** (she/her) is the director of virtual creative embodiment for the Haden Institute. She is a certified spiritual director and dreamwork facilitator. She understands the challenges and blessings of Zoom learning, striving to bring the energy of connection, while encouraging students to tap into their own unique expressions of creativity.



**Carrie Graves** (she/her) is the director of communications for the Haden Institute. She is a graduate of the Dream Work Certification Course and has attended every Haden summer conference. She gave the opening keynote in 2012. Carrie has mentored in the Haden Dream Work Course and in Education for Ministry (EfM) Program (Sewanee).



**Fonda McWilliams** (she/her) is the dream group coordinator for the Haden Summer Conference. She is a Dream Worker and Spiritual Companion in Kentucky. She is a graduate of the Haden Institute programs, and is a former mentor in the Dream Work Program. She finds purpose in accompanying those who are listening to the unfolding story of Soul.

# Keynote Speakers



**Toko-pa Turner** is a Canadian author, teacher, and dreamworker. She blends the mystical teachings of Sufism with a Jungian approach to dreams. She founded The Dream School in 2001, from which thousands of students have since graduated. She is also the author of the award-winning book, *Belonging: Remembering Ourselves Home*, which explores the themes of exile and belonging through the lens of memoirs, mythology, and nature. Her work focuses on the relationship between psyche and nature, and how to follow our inner wisdom to meet with the social, psychological, and ecological challenges of our time. Find Toko-pa at <https://toko-pa.com/dreamschool/>



**Fanny Brewster** is an author of poetry and nonfiction, and a professor in the Integrative Therapy and Healing Practices Department at Pacifica Graduate Institute. She holds a Master's in Creative Nonfiction from Goucher College and has worked as a Jungian analyst in private practice for over a decade. She lectures and presents nationally and internationally on topics related to African-American culture, dreamwork, and creativity. Her most recent book is *Race and the Unconscious: An Africanist Depth Psychology Perspective on Dreaming*. It engages the archetypal African consciousness that enriches our knowledge regarding the foundation mythopoetic of Africanist dreaming.



**Chris Bache** was raised in the Deep South. He attended the University of Notre Dame, He went on to study at Cambridge University, Brown University, and Youngstown State University, exploring a path from Catholicism to agnosticism. Chris served as adjunct faculty in the Department of Philosophy, Cosmology, and Consciousness at the California Institute of Integral Studies He feels his psychedelic work is central to his life's call. He is the author of four books, including *LSD and the Mind of the Universe: Diamonds from Heaven*. Chris lives in Weaverville, NC with his wife, Christina Hardy, who is a professional astrologer and past life therapist. Find Chris at [chrisbache.com](http://chrisbache.com).



**Chelsea Wakefield** is a therapist, author, clinical educator, and the creator of The Luminous Woman® Weekend, an experiential retreat based on the work of Toni Wolff. She has been a grateful student of Jung for the past 25 years, continuing to learn what it means to live and love, guided by the inner compass of the deep Self. She is the author of three books, *Negotiating the Inner Peace Treaty*; *In Search of Aphrodite*; and the *Labyrinth of Love: the Path to a Soulful Relationship*, which outlines a process of personal and interpersonal work that will lead lovers into the rich rewards of conscious relationship.





# Keynote Speakers



**Jerry Wright** is a Jungian Psychoanalyst, teacher, and writer. A senior training analyst for the Inter-Regional Society of Jungian Analysts, he has served on the Haden staff since the early days of its inception. He is the author of *Reimagining God and Religion: Essays for The Psychologically Minded* and *A Mystical Path Less Traveled*. His writing and teaching address his longtime passion for Jungian Psychology and the numinous experiences that have given birth to religions and the gods, goddesses, and God. He has led pilgrimages to sacred sites around the world, including Iona, Scotland; Ireland; Africa, Southeast Asia; Peru and Machu Picchu; and India. He lives in Flat Rock, NC. Find Jerry at [jerrywright.com](http://jerrywright.com).



**Sheila Petrucci** (she/love) holds sacred space as Director of Creative Embodiment for the Haden Institute in ways that allow others to find expression for the emergent edge of growth which often defies language. With gifts for reading energy and interpreting images, Sheila bows before the unseen, the unknown and the unimaginable. She offers spiritual direction, dreamwork and astrological readings to clients in private practice.



**Danielle Shroyer** is a spiritual director, dream worker, and former pastor. She's the founding director of *Via Forma*, a new non-profit that creates spiritual formation resources for communities and individuals who are deeply-rooted and forward-facing. Author of three books, most recently *Original Blessing: Putting Sin in its Rightful Place*, Danielle graduated from Baylor, Princeton Seminary, and Haden's Spiritual Direction and Dream Work programs and now serves as a mentor. A 2nd Dan taekwondo black belt and yoga enthusiast, she and her husband, Dan, have two college-aged children. They live in Dallas with their rescue dog. Find her at [danielleshroyer.com](http://danielleshroyer.com), or on Instagram at [@DanielleShroyer](https://www.instagram.com/DanielleShroyer).



**Bob Hoss** is the author of *Dream Language*; Officer and Past President of the International Association for the Study of Dreams (IASD) and director of the DreamScience foundation for research grants. Former Corporate VP for IBM Global Telecommunications. Former instructor of dream studies and adjunct faculty at Sonoma State University, Cal.; Scottsdale Community College, Arizona; and Richland College, TX. Host of the DreamTime Radio series. Training in Gestalt Therapy and Humanistic psychology. BS – University of Dayton 1966; MS – Southern Methodist University 1972 [www.dreamscience.org](http://www.dreamscience.org).

# Keynote Speakers



**Tony Caldwell** is a Jungian psychoanalytic psychotherapist in private practice in Nashville, TN. Tony is a seasoned speaker, preacher, and workshop leader. He loves speaking about the intersection of depth psychology, progressive theology, and social justice. Learn more about Tony on his website, [tonycaldwell.com](http://tonycaldwell.com).

# Workshop Presenters



**Brian Relph** is a certified Interfaith Spiritual Director, Enneagram Coach, EFT Practitioner, Qigong Teacher, and Soul Contract and Intuitive Card Reader who uses this unique blend of modalities to help clients learn to listen to the language of their own soul and heal unconscious patterns. He is a graduate of the Haden Institute Spiritual Direction program, and the Chaplaincy Institute in Berkeley, CA. Brian is the owner of Soul Growth Coaching, [soulgrowthcoaching.com](http://soulgrowthcoaching.com).



**HannaH Joy** is a Haden certified spiritual companion who finds delight in holding sacred space for another to share their journey. She resides among the forest flora and fauna of the Missouri Ozarks and listens for, and to, dreams and synchronicities.



# Workshop Presenters



**Howard Addison** is an Associate Professor Emeritus of Temple University. A Haden graduate, he directs the Graduate Theological Foundation's Jewish Spirituality Graduate Programs and was a founding teacher of Lev Shomea, the first North American Jewish Spiritual Direction training institute. His books include *The Enneagram and Kabbalah*, *Show Me Your Way*, *Jewish Spiritual Direction*, and *Seeking Redemption in an Unredeemed World*.



**Jeri Sarracino** is a graduate of The New Seminary (2006) and the Haden Institute (2017). She currently works as an Interfaith minister, spiritual director, and workshop facilitator. She is the author of *Visio Divina: Communicating with the Divine through Images*.



**Rawls Howard** is a long-time member of Alcoholics Anonymous, who was, and is, greatly influenced by the work of C.G. Jung in his ongoing journey of recovery.

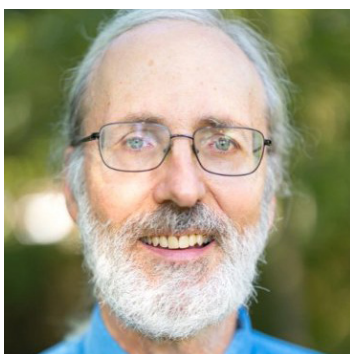


**Christy Austin** is a certified spiritual director and dreamwork facilitator. Having been a student in the Dreamwork program at the height of the pandemic, Christy understands the unique challenges and blessings of Zoom learning. She strives to bring to that space the energy of connection, while also encouraging each student to tap into their own unique expressions of creativity and growth.

# Workshop Presenters



**Karen Campbell** is a Creative Depth Coach, Spiritual Director and Artist. Her Creative SoulCraft process weaves together depth work, experiential process, expressive art and Reiki to assist others as they journey into wholeness. Karen recently opened Stillwood Pond Retreat and Studio in Salisbury, NC where she offers individual sessions, day and overnight Creative SoulCraft retreats. She has been on faculty at the Haden Institute since 2013. Her passion is exploring the intersection between creativity and spirituality with both individuals and small groups.



**Vance Reese** (he/him), (Haden '16) is a tenured professor at Brevard College where he teaches music and dreamwork(!). Among other things, he plays organ, double bass, and "Sumer is Icumen In" on the harp with his son.

**Harper Reese** (they/them), is an English and Religious Studies double major who graduated from Guilford College in 2022. They are an avid writer, puzzle-maker, game designer, and perpetual speleothem-enjoyer.



**Julie Lumpkin**, MSPH, is a graduate of the Haden Dream Work and Spiritual Direction Certification Courses. She facilitates a church-based dream group in Columbia, SC and has volunteered as a DGF for the Haden Summer Dream Conference and the Natural Spirituality Regional Gathering since 2017. Previously, she has presented workshops on the mythic-religious Goddess-Mother Archetype, "From Sacred Earth to High Heaven" (2021) and "Sophia as the Great Mother Archetype" (2017-2019). She retired from a career in public health in 2014.



**Darby Christopher** is a Haden Dream Leader graduate (2006) and co-facilitator of the Natural Spirituality Regional Gathering. She is the co-founder of Dream Liturgy ([www.dreamliturgy.com](http://www.dreamliturgy.com)), and author of the book, *From Anxiety to Connection: A Path to Authentic Relating*.



# Workshop Presenters



**Aditi Sethi**, as a child under the guidance of her parents (Kapil and Ranjit Sethi) and grandparents from India, began offering devotional music from the Sikh and Hindu traditions and Indian folk music to her community in Georgia. More recently, she has been studying Indian devotional and classical music with her guru, Krishna Kant Shukla, who lives in Varnasi, India. She works as a Hospice physician, is an end-of-life doula, and is executive director of Center for Conscious Living and Dying She is also the mother of three precious children.



**Dina Delaney** is a multidisciplinary artist and movement practitioner, and a recent graduate of the Haden Institute's Dream Work training program. She brings decades of personal transformation practices to her clients and is currently devising a theatrical performance based on her final project with Haden. She lives in southern Arizona with her family and she loves to dance.



**Sue DiVita** is a spiritual director and teacher of Active Dreaming who is passionate about the power of dreams and their images to heal ourselves, each other, and the world. She combines her understanding of archetypes and the Sacred Contract with the practice of Active Dreaming in her efforts to rebirth a dreaming society in our time.



**Joe Smith, Ph.D.** is the Executive Director of New Roots Spiritual Direction, a fellow of the Steel City Theology Collaborative, and the Director of Spiritual Formation at First United Methodist Church of Pittsburgh. He teaches theology and ethics at Duquesne University and the Correctional Education Program of Ashland University. And he co hosts the podcast Crisis of Faith with Joe and Drew.

# Workshop Presenters



**Jule Nyhuis** is a Certified Healing Touch Practitioner with Certificates in Spiritual Direction, Dream Work (Haden Institute), and Christian Spiritual Formation (Columbia Theological Seminary). A Teaching Elder of the Presbyterian Church (U.S.A.), her graduate studies include Doctor of Ministry in Gospel and Culture from Columbia Theological Seminary and Master of Divinity from Vanderbilt University Divinity School. Her passion is journeying with others to facilitate healing.



**Jason Loscuito** completed the Spiritual Direction certificate at The Haden Institute in March 2021. He is a pastor and lives in Nashville, Tennessee with his partner, Carrie Fraser, and two fur babies, Lindsey and Murray. He works as the marketing and development coordinator at Rebuilding Together Nashville.



**Laura Horton-Ludwig** has helped thousands of people connect with their own inner wisdom and build a life that's authentic and joyful for them since 2005. She is a Unitarian Universalist minister, spiritual director (Haden graduate), life coach, and shamanic practitioner at [laurahortonludwig.com](http://laurahortonludwig.com). She's passionate about equipping seekers to connect directly with Spirit through safe, ethical shamanic journeying methods that anyone can learn.



**Megan Lyon, MA** (she/her) is a Counselor, Certified Spiritual Director, Certified Mindfulness Teacher, SoulCollage® Facilitator and a Veriditas-trained Labyrinth Facilitator. Megan created Inner Path, a spiritual direction and wellness practice. She offers individual spiritual direction, retreats, workshops, trainings, and opportunities to commune with the Holy and tap into our most true and wise selves. She is a graduate of the Haden Institute's Spiritual Direction Certification Course, serves on the Haden faculty and has served as a mentor in the Spiritual Direction program.



# Workshop Presenters



**Layne Racht, M.A., LCMHC, LPC** (she/her/hers) is a Certified Spiritual Director and Spiritual Direction Supervisor. She has taught with several Spiritual Direction Training Programs and served as faculty with the Haden Institute. She continues to work privately with Directees while also serving as a consultant or supervisor to various groups and individuals. Layne has long believed spirituality and psychology had much to offer each other and finds The Haden Institute's Spiritual Direction Training Program to be a natural fit where she serves as a faculty member.



**Bill Hobbs, Ed.D** serves as the Director of the Jesuit Retreat Center in Cleveland, OH and has his own consulting and spiritual direction practice. After three decades work in education, he answered the quiet inner voice and began to accompany others in their spiritual journey, particularly through Ignatian Spirituality and contemplative practices. Bill is a graduate of the Haden Spiritual Direction Certification Course. He works with individuals and groups in vision, direction, and consulting through [thesaunteringway.com](http://thesaunteringway.com).



**Jennie Wakefield, MA, RSME** (she/her) is an associate teacher of Tamalpa Institute and uses its Life/Art Process to approach several areas of her interest from an embodied perspective. She is a contra dance caller and views this accessible communal dance form as real-time experience of dance's archetypal role as community glue and ritual. She completed Haden's Dream Leader training in 2009 and has returned to Haden to facilitate workshops in embodiment, call Saturday night contra dances, and facilitate dream groups at the summer conference.



**Jeanne Schul** teaches at Pacifica Graduate Institute in Depth Psychology, specializing in Somatic Studies, Dreamwork and Creativity, where she has taught for ten years. She is a Registered Somatic Movement Therapist and a graduate of the Haden Spiritual Direction Certification Course. She was named the Artistic Director Emeritus of the Berry College Dance Company, where she taught and coordinated the dance minor program for 24 years before retiring.

## Touchstones for Circles of Trust

### Touchstones for Circles of Trust in a Brave Space

(Adapted from AWARE-LA ([www.awarela.org](http://www.awarela.org)) and Touchstones by Parker Palmer)

1. **Be 100% present.** Set aside the usual distractions of things undone from yesterday, things to do tomorrow.
2. **Extend and presume hospitality.** We all learn most efficiently in spaces that welcome us. Welcome others to this place and presume that you are welcome, too.
3. **Listen Deeply.** Listen intently to what is said: listen to feelings beneath the words. As Quaker writer Douglas Steere puts it, “Holy listening – to ‘listen’ another’s soul into life, into a condition of disclosure and discovery – may be almost the greatest service that any human being ever performs for another.” Listen to yourself as well as others. Actively listen. Use your energy to listen to what is said before thinking about how to respond. Notice when defensiveness and denial arise.
4. **It is never “share or die”.** You will be invited to share in the group circle. The invitation is exactly that. You will determine the extent to which you want to participate.
5. **No fixing.** Each of us is here to discover our own truths, to listen to our own inner teacher. We are not here to set someone else straight or to help right another’s wrong.
6. **Suspend judgment.** Set aside your judgments. By creating a space between judgments and reactions, you can listen to the other more fully.
7. **Work to recognize your privileges.** Use this space to recognize and investigate your privileges (for example: class, gender, sexual orientation, ability). Honor the different experiences we all bring to this space.
8. **Identify Assumptions.** We are often unaware of our own assumptions, yet they undergird our worldview. By becoming aware of our assumptions, we can open the sharing to greater possibilities.
9. **Speak your truth.** You are invited to say what is in your heart, trusting that your voice will be heard, and your contribution respected. Your truth may be different from, even the opposite of, what another person has said. Yet speaking your truth is not debating with, or correcting, or interpreting what another has said. A helpful practice is to use “I” statements.
10. **Respect silence.** Silence is a rare gift in our busy world. After someone has spoken, take time to reflect without immediately filling the space with words.
11. **Maintain confidentiality.** Respect the confidential nature and content of what is shared. Be mindful to share the message, not the messenger.
12. **Be open to new discoveries.** A spirit of discovery helps us reconnect with our passions and embrace more creative ways of leading and nurturing community.
13. **When things get difficult, turn to wonder.** If you find yourself disagreeing with another, becoming judgmental, or shutting down in defense, try turning to wonder: “I wonder what brought her to this place?” “I wonder what my reaction teaches me?” “I wonder what he’s feeling right now?”





## Dream Group Ethical Guidelines

**The Haden Institute adopts the Association for the Study of Dreams (ASD) ethics statements [see below] and adds the following:**

- Every dream group should be in the container of the spiritual for its safety and wisdom. Dreams put us in touch with the Divine as well as personal/social growth and problem solving.
- Although much good therapy happens as a by-product of dream groups and The Haden Institute dream training, it is not meant to be a psychotherapy group. We encourage good therapy with a professional when desired, especially as a way to work with your own counter-transference as a dream group leader.
- All dream groups, regardless of method used, should preface comments on another's dreams with "If it were my dream..." as a way to minimize, own, and acknowledge projection.

### ASD Dreamwork Ethics Statement

ASD celebrates the many benefits of dreamwork, yet recognizes that there are potential risks. ASD supports an approach to dreamwork and dream sharing that respects the dreamers' dignity and integrity; and which recognizes the dreamer as the decision-maker regarding the significance of the dream. Systems of dreamwork that assign authority over, or knowledge of the dream's meanings to someone who is not the dreamer can be misleading, incorrect and harmful. Ethical dreamwork helps the dreamer work with his/her own dream images, feelings, associations, etc., and guides the dreamer to more fully experience, appreciate and understand the dream. Every dream may have multiple meanings, and different techniques may be reasonably employed to touch these multiple layers of significance.

A dreamer's decision to share or discontinue sharing a dream should always be respected and honored. The dreamer should be forewarned that unexpected issues or emotions may arise in the course of dreamwork. Information and mutual agreement about the degree of privacy and confidentiality are essential ingredients in creating a safe atmosphere for dream sharing.

Dreamwork outside of clinical setting is not a substitute for psychotherapy, or other professional treatment, and should not be used as such.

ASD recognizes and respects that there are many valid and time-honored dreamwork traditions. We invite and welcome participation of dreamers from all cultures. There are social, cultural and transpersonal aspects to dream experience. In this statement we do not mean to imply that the only valid approach to dreamwork focuses on the dreamer's personal life. Our purpose is to honor and respect the person of the dreamer as well as the dream itself, regardless of how the relationship between two may be understood.

# Resources

## Haden Institute Guidelines for Dream Groups

*“The night asked me to read its poetry – all that ink spilled across my pillow.”*

– Rosemerry Wahtola Trommer

We come from and belong to an ancient and unbroken lineage of dreamers. Humans whose mornings began with sunrise and the question: “What did you dream?” Answers were fantastical, nonsensical, puzzling, clarifying, disturbing, mysterious, mind-bending, miraculous. The spoken dream was held as sacred and believed to be a message, missive, mandate from that liminal space of the world between worlds. The place that keeps safe what we don’t know we know . . . until the time comes when we are finally ready to know.

The Haden Institute honors this deep bone-knowing, acknowledging dreamwork to be as old as time. We continue to show reverence for the dream and the dreamer by providing a safe and methodical way of working with imagery, energy and narrative in a group setting. The procedures and parameters outlined as follows take care to create a brave space to explore what comes from the holy hush of Psyche. The Haden Method can be viewed as both protocol and posture: one that values curiosity, awe, intuition and insight.

Foundational to this program is the belief that dreams come in service of wholeness and healing. However, emerging wholeness and ongoing healing can be messy, disturbing and unexpected; it can also be illuminating, tender and unexpected. Therefore, we can expect the unexpected. Following a set of guidelines helps to ensure that what comes forward during this projective process can be heard and integrated as gently as possible by all who are present. When we are given a dream, we stand before a doorway. To bow at such a threshold, knowing not what we will encounter either in ourselves or in others, keeps us humble and heartfelt as we wonder and wander in this work together.



# Haden Institute Guidelines for Dream Groups *(cont'd)*

## Dream Work Guidelines

Acknowledge the sacred container: a poem or a prayer and/or a candle.

Everyone who wishes shares a dream or dream title. Choose one dream to work by equity, by vote or by lot.

The dreamer shares the dream twice, preferably in first person, present tense. The first time the group listens. The second time the group takes notes.

The group asks the dreamer clarifying questions. These are questions of factual detail, not interpretation. Questions stay inside the dream with no reference to the dreamer's waking life associations.

The dreamer shares the dream a third time, preferably from memory. The group listens with eyes closed, imagining themselves to be the dreamer.

The leader now asks the dreamer to give the dream to the group. The dreamer turns their chair around in the circle to avoid eye contact and takes notes for their own benefit. (If the dream group is virtual, the dreamer turns off their video screen.)

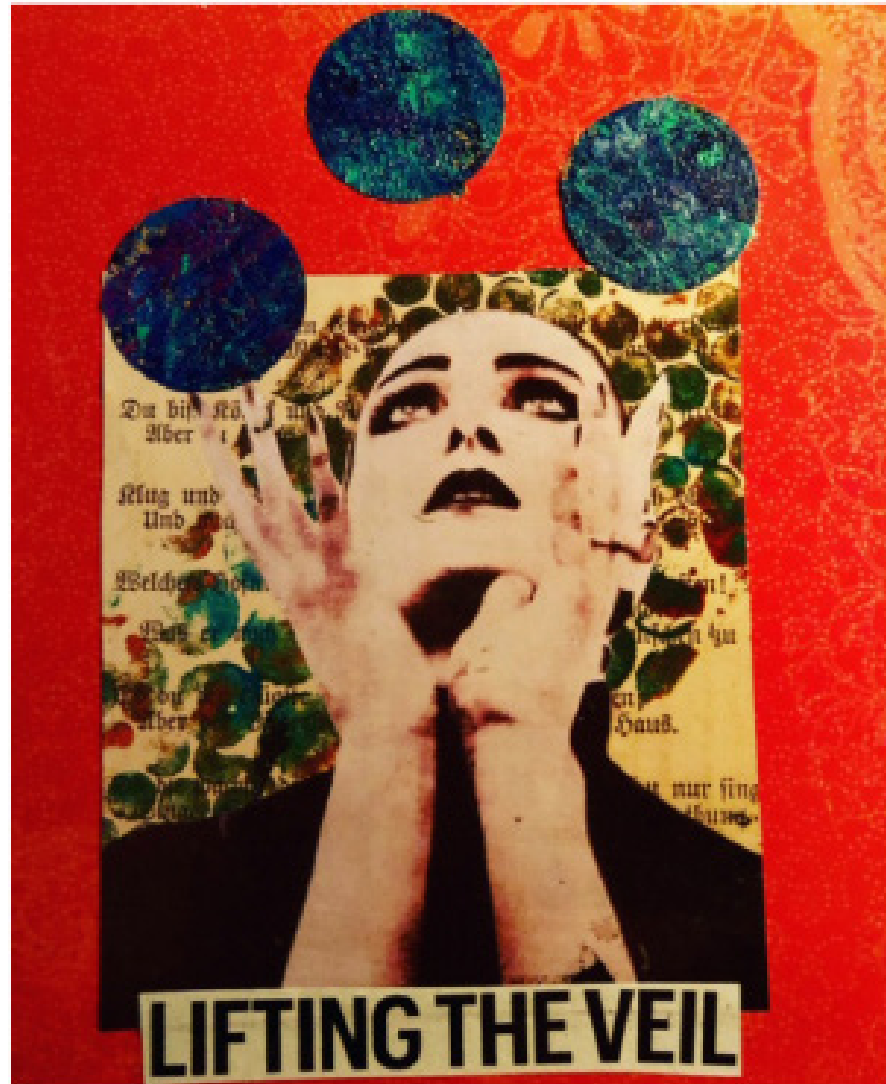
The group shares their projections. All projections begin with the words, "In my dream..." After the projections, the dreamer returns to the group to share from their notes whatever seems important.

If there is time, the leader could offer another exercise to carry the dream forward for each participant. (For example, the "Six Magic Questions" could be used.)

The circle is closed with a ritual of appreciation for the dream.

*This outline of the Haden Method is intended to offer general guidance for projective work. Every dream group leader will develop their own style with variations on this method.*

Collage.  
Paint.  
Weave.  
Sculpt.  
Draw.  
Color.  
Cut.  
Rip.  
Doodle.  
Glue.  
Wrap.  
Explore.  
Play.  
Embody.  
Integrate.  
Process.  
Heal.



*The Creative Space is chock-full of fun supplies and located in Jackson Hall. It is open for free play 24 hours a day, Thursday through Sunday. If you would like some guidance, Sheila Petruccelli will be available during sabbath each day. As the Director of Creative Embodiment for the Haden Institute, Sheila extends an open invitation to come check the place out or just get down to it and make a mess. Sheila is a heavy dreamer, an untamed (and untrained) artist and a holder of sacred space.*

