

Sacred Earth, Sacred Soul, Sacred Body
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The Haden Institute Summer Dream and Spirituality Conference May 2023

Honoring the sacred soul of the Earth begins by honoring the sacred soul of the body-mind. The body-mind is indelibly intertwined with the Earth as soul permeates both. The recognition of the body-mind as an expression of soul, as embodied spirit, is key for relating to Earth as sacred.

To consciously live from soul, we have to live with respect and care for the ground from which the self or ego emerges. This ground is the body-mind which is shaped by relationship to the earth from the beginning of time. Sacred texts affirm the sacredness of the earth and body-mind as creation is an expression of the Divine.

Each individual body-mind-ego embodies soul that is both specific to the individual and a ray of the divine soul. Connection to soul comes through the psyche which contains the totality of the life processes that are both conscious and unconscious and intersect in the body-mind.

Reclaiming the sacredness of our body-mind as an expression of Soul offers a path for changing relationships to self and Other, including the Earth. All expressions of the psyche via the body-mind, including dreams, bridge the soul within the subjective, personal self to the objective (non-personal) soul of the Earth.

Individuation “fulfills the peculiarity of one’s nature; aims at a living cooperation of all factors.” (C. G. Jung, CW 7, par. 268)

“Theory of psyche ultimately based on postulate of an autonomous, spiritual principle.” Jung, CW 8, par. 661

Soul: “totality of all psychic processes, conscious as well as unconscious.” (Jung, CW 6, par. 797)

“**By soul**, I mean a clearly demarcated functional complex that can best be described as a personality”. 1. Plurality of personalities 2. Soul as persona—outward face 3. Soul as anima—inward facet (Ibid.)

“**Spirit and matter** are the same transcendental being.” Jung, CW9i, par. 392

“**Unconscious** tends to regard **spirit and matter** not merely as equivalent but **as actually identical** and this is in flagrant contrast to intellectual one-sidedness of consciousness, which would sometimes like to spiritualize matter and at other times to materialize spirit.” Jung, CW 9i, par. 555

“**Integration of instincts** is a prerequisite for individuation.” CW 9i, par. 660

“Disalliance with the unconscious is synonymous with loss of instinct and rootlessness.”
Jung, CW8 par. 195

“Collective unconscious is the unknown in objects.” Jung, *Dream Analysis Seminar*, p. 74

“Only is you first return to the body, to your earth, can individuation take place, and only then does the thing become true.” Jung, ETH Lectures

“Body gives feeling as values and sensation as sensible perception of reality.” Jung, CW 16, par. 487

“Between spirit and matter stands the reality of the psychic...” Jung, CW 8, par. 748

Psyche is arrangement of life processes taking place in the body. Jung, CW 8, par. 606

Psychic process as a phenomenon is dependent on the nervous system. Psychic entity can be conscious only if representable by an image. Jung, CW 8 par. 608

“the (S)elf is the synthesis of the ego and supra-personal unconscious.” Jung, CW 16, par 444

Being a buddha is not about being some omnipotent spiritual superman but becoming at last a true human being.” Rinpoche, *The Tibetan Book of the Living and the Dead*, p. 54

Psychic reality—most important achievement of modern psychology. “Shift to this plane transcends conflict of nature and spirit.” Jung, CW 8, par. 683+