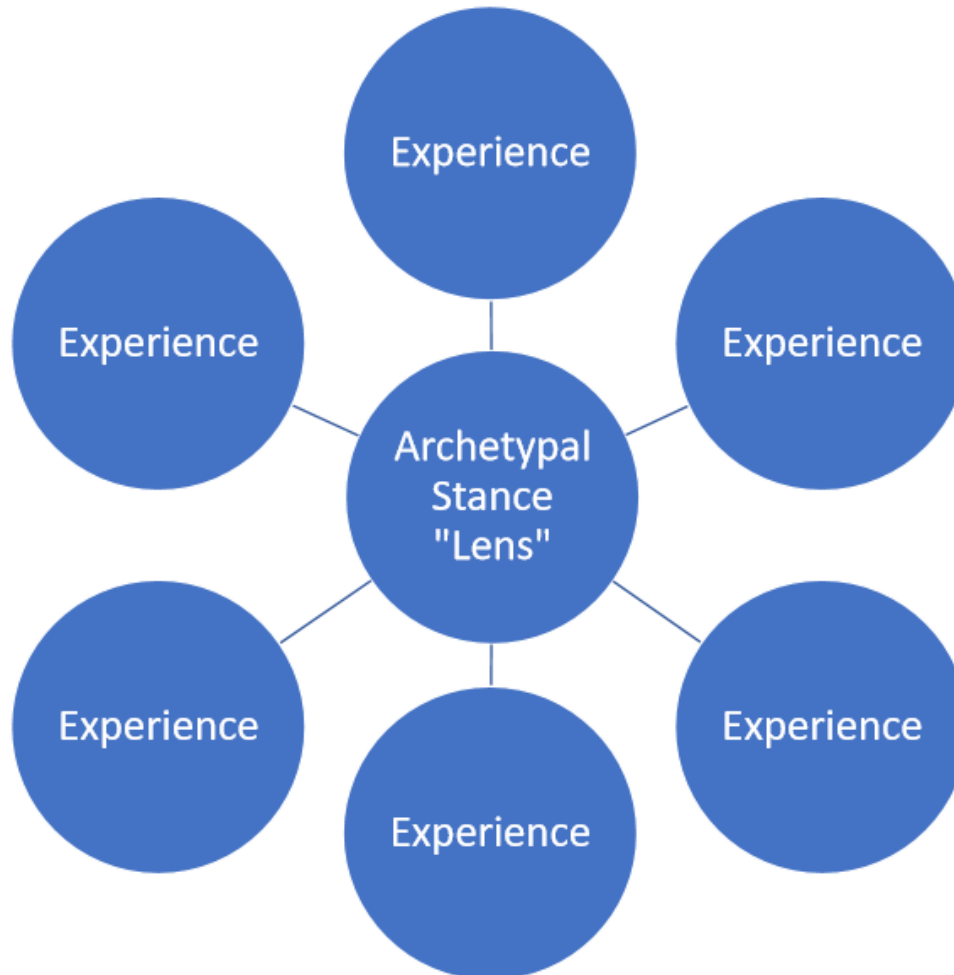


“STORY CONSTRUCTION”

We view our histories thru the lens of archetypal stances, sourced in our underlying complexes.
IDENTIFY THE COMPLEX. SHIFT THE ARCHETYPAL STANCE
CHANGE THE PROJECTION LENS – REWRITE THE STORY



EXAMPLES OF HOW EXPERIENCES CHANGES WHEN WE CHANGE OUR ARCHETYPAL STANCE.

- Take one experience in your life and look at it thru differing lenses.
- What do you see from here? How does your felt experience change?
- How do your conclusions about the experience change?

