

Collage Amplification Worksheet

Circumambulate the collage using the Four Functions: Intuition-Sensing & Thinking-Feeling:

If you are aware of your MBTI type, note it here: _____

1. **Sensing:** What specifically do you see? Note the colors, textures, light, etc. What are the hard-dry facts of the image? Describe the particularities of what you see.

2. **Feeling:** Attune to the collage and do a body scan to note any responses the body has to images or portions of the collage. Notice what stands out, what has energy or emotion. What seems most important to you? Is there anything that creates a negative reaction or repulses you?

3. **Thinking:** Begin to notice how things connect? For example, what color is in what area of the collage and how is it related to other parts of the image? Which items on your collage seem to be in relationship? How is the collage organized?

4. **Intuiting:** What is constellating? Where does this grouping of images come from? What hints to you see about where this collage is heading? What seem to be the constructive or destructive potentials? What is your hunch about what the image is revealing? Notice anything that reminds you of something in ordinary life or brings back a memory from the past or relates to a dream.

Collage Synthesis

1. Journal from the perspective of the collage as an entity or personality using this prompt.

I am one who.....

2. Formulate a statement or title that encapsulates the basic theme of the collage