

The Haden Institute
2023/24 Intensive Speakers & Topics
Spiritual Direction Training

September 2023

Diana McKendree

- Anam Cara: The Celtic Spiritual Friend Tradition

Catherine Meeks

- Individuation and Spiritual Transformation: An African American Experience

Bill Hobbs

- The Use of MBTI Typology in SD I
- The Use of MBTI Typology in SD II

Kelly Carpenter and Rabbi Mark Cohn

- Job: The Suffering Spiritual Director

Karen Campbell

- SoulCollage®: Using Expressive Arts in Spiritual Direction

January 2024

Howard Addison and Barbara Breitman

- *LEV SHOMEA: DISCERNING SPIRIT, HEARING HEART*
 - o *Reciprocal Grace: The Wisdom of Jewish Spiritual Direction*
 - o *Berur: How Do You Know If It's God?*
 - o *The Arc of Becoming: Discernment and Process Theology*

Megan Lyon

- Mindfulness Practices for Spiritual Directors

Brian Relph

- Tarot as Archetypal Modality for Spiritual Direction

Kwame Scruggs

- The Alchemical Method: Introspection Through Myth

April/March 2024

Mary Ellen Lough

- The Use of Poetry in Spiritual Direction

Jeanne Schul

- The Redbook: Jung's Descent Into Darkness
- The Redbook: Jung's Dialogue with Dream Figures
- The Redbook: Jung's Creative Opus

Layne Racht

- The Art of Spiritual Direction - Ethics and Supervision

Kyndall Rothaus

- Spiritual Direction with Religious Trauma Survivors