

After Session Notes Form
Created by the Center for Spirituality and justice, Bronx, NY, USA

After Session Notes on Directee

Purpose: To provide the director with a concise method for note-taking after each session with directee.

To provide your one-on-one supervisor with information on what has happened in sessions when a verbatim is not presented.

Your Name _____ Directee's pseudonym _____

Date of session _____ Session # ____ with this directee

1. Quality of the director-directee relationship, e.g., friendly, warm, close, distant, resistant, etc.

2. Quality of communication, e.g., flows easily, below surface level, pace, etc.

3. Focus of session: content, issues, themes, religious experience, etc.

4. Awareness of God-relationship: a) by directee, b) by director

5. Range of feelings in the session: a) directee toward director, b) director toward the directee.

6. Assessment of the interview: What do you want to remember? What are your hopes for this directee?

7. Date of your next interview? _____

8. Other (use other side)