



The Haden Institute
Summer Dream & Spirituality
Conference
2019 Workshop Information



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SUMMER DREAM & SPIRITUALITY CONFERENCE
2019 WORKSHOP INFORMATION

| WS# | Times Offered | Workshop Title & Description | Presenter |
|--------|------------------------------|--|---|
| 1 & 12 | Mon. 3:30 PM Mon. 7:30 PM | Discovering One's Soul Qualities Through the Enneagram The workshop takes participants to their soul child, where a treasure trove of soul qualities exists. The Enneagram and its Holy Ideas, Essential Aspects, and other soul qualities will be explored through lecture, dryads, interactive exercises, and guided imagery. | Joe Howell Joe Howell Ph.D. is a clinical psychologist in private practice. Founder of the Institute for Conscious Being, he is author of <i>Becoming Conscious</i> , and of a new release, <i>Know Your Soul: Journey with the Enneagram to Inner and Outer Peace</i> . (Fall 2019). He holds degrees from the University of Virginia, and Yale Divinity School. He was a Fellow in Clinical Psychology, Harvard Medical School, Department of Psychiatry. |
| 2 & 13 | Mon. 3:30 PM Mon. 7:30 PM | Embodying the Dream—The Union of Inner and Outer Worlds A dream is a snapshot of what's happening in our psyche at a particular moment, in a particular time of our life. It is psyche's response via the unconscious to our outer world and life. We actively dialogue with the unconscious when we incorporate the symbols and energetic movements of a dream into our ordinary, daily lives. By embodying the dream, we invite inner and outer to become one. We experience a unity that gives the "peace that passeth all understanding". Come and explore how you can live with and into your dreams in transformative ways. We'll explore specific techniques for embodying the dream that include, but go beyond, the use of words. | Kathleen Wiley Kathleen Wiley, LPC, LMFT, is a diplomate Jungian Analyst in private practice. She is a senior analyst and training analyst with the Memphis Jungian Seminar, affiliated with the Inter-Regional Society of Jungian Analysts, in Memphis, Tennessee. Her work with clients recognizes the importance of the present moment, the moment of meeting between analyst and analysand, as primary. She has a passion for applying archetypal understandings to intrapersonal and interpersonal relating. She is author of <i>New Life: Symbolic Meditations on the Birth of the Divine</i> and <i>New Life: Symbolic Meditations on the Promise of Easter and Spring</i> (available for Kindle). |
| 3 | Mon. 3:30 PM | The Enneagram: Discovering the Sacred Roots of Your Soul The Enneagram provides a dynamic map to discover the nine core personality types and their mutual interactions. Its wisdom reveals: the differing lenses through which we each perceive the world; our personalities' patterns of change during stress and ease, and; how our virtues and vices are the flip sides of one another. Applied to dream work, the Enneagram can disclose the opportunities, energies and shadows inherent in our dreams. | Howard Addison Rabbi Howard Avruhm Addison, Associate Professor for Instruction at Temple University, completed his Dream studies at the Haden Institute, on whose faculty he serves. He earned his PhD at the Graduate Theological Foundation and currently directs its D Min. program Jewish Spirituality. His books include: <i>The Enneagram and Kabbalah</i> , <i>Jewish Spiritual Direction</i> and the recently published <i>Seeking Redemption in an Unredeemed World</i> . |
| 4 & 32 | Mon. 3:30 PM Wed. 7:30 PM | Spiritual Practice as Resource for Security Security comes from a sense of Self. This workshop will outline spiritual practices which develop the ego/Self axis. Such an axis tends to lessen ego anxiety. | Pittman McGehee Pittman McGehee is Former Dean of Christ Cathedral in Houston, TX and a Jungian analyst in private practice in Austin. He has two books of poetry in print and another being printed. In addition to being an Episcopal Priest, and a Diplomate Jungian Analyst, writing poetry is his passion. He is the author of <i>Invisible Church: Finding Spirituality Where You Are</i> , <i>Raising Lazarus: The Science of Healing the Soul</i> , and <i>Words Made Flesh</i> . |
| 5 & 27 | Mon. 3:30 PM Wed. 7:30 PM | Woke Up This Morning With My Mind On Freedom: Using An Old Resource For New Resilience The 21st Century often offers many paths to overcoming the pain of oppression that it cannot deliver when all is said and done. For instance gaining a fair amount of economic prowess makes it possible to buy many things except those that the heart requires for fulfillment and true liberation. One medium in the search to find how to fulfill the heart and liberate the soul, which deserves more attention, is the Negro spiritual. The Spirituals captured a message and made a connection with the Spirit and God that brought light to the darkness encountered by people of African descent. Can that connection be rekindled? | Catherine Meeks Catherine Meeks, Ph.D. is the retired Clara Carter Acree Distinguished Professor of Socio-Cultural Studies, author, community and wellness activist and mid-wife to the Soul. Serves on the Anti-Racism Commission and the Commission on Spiritual Growth for the Episcopal Diocese of Atlanta, organizing and implementing spiritual retreats and conducting workshops on a variety of wellness and spirituality issues, teaching courses on Jungian Psychology, cultural issues and spiritual development. Chaplain for the Anti-Racism Commission. |
| 6 | Mon. 3:30 PM | Create an Artifact from Your Dream There are many potent images in dreams, and sometimes, the best way to capture their essence is to create a physical representation. In this workshop, bring a dream image asking to be made. You will have access to many media, including air-dried clay and polymer clay, as well as paint and collage materials with which to create your masterpiece! | Nancy Huslage Nancy Huslage is an Interfaith minister and former hospice chaplain. She was in the first Dream Work Training class at the Haden Institute and also holds a certification from the Marin Institute for Projective Dreamwork. She has been leading dream groups for 27 years and, currently, has a private dreamwork practice. Nancy teaches dreamwork in the CPE program at WakeMed in Raleigh, NC. |
| 7 & 28 | Mon. 3:30 PM Wed. 7:30 PM | No Greater Love: Jesus, MLK and You "No Greater Love" In this gathering we will work with Jesus and MLK archetypally in order to explore the three universal themes of love, grief, and dreams present in their lives as well as our own. During our time together we will uncover ways in which to navigate suffering applicable to our own inner work as well as our work with clients. | Tony Caldwell Tony Caldwell, LCSW is a psychotherapist in private practice, a training candidate of the Inter-Regional Society of Jungian Analysts, and a member of the Memphis-Atlanta Jungian Seminar. Tony is a musician, activist, writer, and founder of the Underground Church: A Reconciling Progressive Christian Community. He lives in Oxford, Mississippi. |

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| 8 & 38 | Mon. 3:30 PM Thu. 3:30 PM | Intimate Relationships: Fertile Ground for Growth It's so easy to see our partner's shadow; how we resist seeing our own! And yet, what rich growth awaits us when we are willing to encounter and own our not-so-admirable traits. Come explore this maxim through the images and reflections from <i>Tending The Fire: The Story of a Marriage</i> , an intimate account of the tender and difficult junctures in a long-tenured relationship. | Jeannie DuBose Jeannie DuBose is an author, illustrator, and spiritual director in Black Mountain, NC. Her work as a facilitator and retreat leader includes a variety of groups, including churches, prisons, and wellness centers. A graduate of Vanderbilt University, Jeannie holds a masters in counseling psychology and a certificate in spiritual formation. She has written and illustrated two memoirs: <i>The Mother Daughter Dance</i> , and <i>Tending the Fire: The Story of a Marriage</i> . |
| 9 & 43 | Mon 3:30 PM Thu. 3:30 PM | Sacred Listening With Dreams When we engage in Sacred Listening, we offer our presence to an other, without directing their process. The "person processing" may focus on a dream, another aspect of their life, or simply wait to see what arises, while the person serving as the "container" holds the space as witness and presence. This workshop will explore the structure of Sacred Listening, offer a demonstration and offer an opportunity to practice. | Darby Christopher Rev. Darby Christopher is a social worker and ordained interfaith minister. Her passions include sacred listening, dream work, ceremonies and social justice. Darby has earned her Licensed Master of Social Work (LMSW) certification and is a graduate of Dream Work Training at the Haden Institute. Learn more about her work at www.revdarbychristopher.com |
| 10 | Mon. 3:30 PM Also offered at 2:30 PM on Sunday as a pre-conference workshop. | Where Do Dreams Come From? A Beginner's Guide to Jung's Model of the Psyche New to Dream work? Don't know the difference between Shadow and Animus? What's an Archetype? Learn the basic language of dream work and the structure of the psyche in this introductory workshop - guaranteed to make the rest of the week more meaningful! | Karen Bonner Karen Mori Bonner, MS, LPC is a counselor in private practice in Ridgeland, MS. She is a graduate of the Haden Dream Work Training course and had led dream groups in Mississippi for 20 years. |
| 11 | Mon. 3:30 PM | Brigid and the Archetypal Feminine Brigid enjoys a unique position as a feminine archetype, beginning as a Celtic goddess, becoming a Christian saint, and now being reclaimed as a goddess by contemporary Pagans and environmentalists. Her longevity as an archetypal figure suggests invaluable wisdom for the nascent spirituality of the Aquarian Age. | Linda McFadden After a career as a UCC minister and teacher of writing and literature, Linda is enjoying the freedom to pursue her lifelong passion for the Sacred Feminine in various ways, including engaging with the natural world, making music, learning from her dreams, reading, and leading pilgrimages. Her education includes a B.A. Stetson University, M.A. from the University of North Carolina, M.Div. from Pacific School of Religion, and a Certificate in Spiritual Direction from the Haden Institute. |
| 14 | Mon. 7:30 PM | Lucid Dreaming - Engaging the Unconscious A unique but natural dream state when you know we are dreaming and have some influence on your actions and the dream story. It is a rare state of consciousness where the ego finds that it can directly interact with what Jung called the collective unconscious - resulting in many healing benefits: psychological, physical and spiritual. We will discuss and share experience, the research, incubation practices, and practical applications such as nightmare therapy and expansion of spiritual awareness. | Bob Hoss Bob Hoss is Director and past president of the International Association for the Study of Dreams and Director of the DreamScience Foundation. He is a former IBM corporate executive and scientist with training in Gestalt Therapy, Humanistic psychology, and a background in Jungian studies. Bob's writing credits include <i>Dream Language</i> , <i>Dream to Freedom</i> , and authoring/editing <i>Dreams that Change Our Lives</i> a two volume reference book on Dreaming. He has been featured in 10 other publications, a PBS special, Readers Digest, Prevention, and USA Today. |
| 15 & 25 | Mon. 7:30 PM Wed. 7:30 PM | The Labyrinth of Love: A Depth Psychology Look at Love, Desire and Individuation in Connection We think of individuation as a solo journey, but intimate relationships can be one of our greatest avenues of shadow work and Self discovery. Relationships move through a natural developmental cycle in which we begin in enchantment and later find ourselves disenchanting. What a couple does at this point will determine whether they move into defensive power struggles and or conscious relationship. The midlife marriage malaise is a common experience of many midlife couples. What are some of the things we can do to ensure that our relationships become meaningful and vital over the course of a lifetime? | Chelsea Wakefield Chelsea Wakefield is a Jungian oriented therapist, spiritual director, writer, accomplished musician, retreat leader, and graduate of the Haden Institute Dream Work Training. Her method of inner work, <i>Negotiating the Inner Peace Treaty</i> , has transformed the lives of many people previously at war with themselves. |
| 16 & 35 | Mon. 7:30 PM Thu. 3:30 PM | Can Joan of Arc Serve as an Enduring Model of Spiritual Empowerment for Women With a Cancer Diagnosis? Can She Help Us Improve Our Spiritual Lives? Joan of Arc is a revered spiritual icon and in this workshop participants will examine and reflect on the actual words that she spoke during her trial and gain access to her spiritual wisdom. Janet will share her research using her book on Joan of Arc with cancer survivors. Participants will engage in hands on arts based medicine using narrative medicine and art for understanding Joan's profound spiritual knowledge. | Janet Roseman Dr. Janet Lynn Roseman is Assistant Professor, Integrative Medicine at Dr. Kiran C. Patel College of Osteopathic Medicine and Nova Southeastern University, Ft. Lauderdale, Florida. She is a registered dance therapist, and specializes in spirituality and medicine. She created the Sidney Project in Spirituality and Medicine™ for physicians and teaches spirituality and medicine at an osteopathic medical college. She received the Presidents Award from Lesley University and was a Kluge scholar in spirituality at the Library of Congress. She is the author of <i>If Joan of Arc Had Cancer: Finding Courage, Courage, Faith, and Healing from History's Most Inspirational Woman Warrior</i> . |
| 17 | Mon. 7:30 PM | Dream Music: The Twelve Tones, Their Energy and Their Colors Dream music conveys meaning through melody, rhythm, and timbre, but dream music also conveys color and energy through its twelve tones, We will explore dream music experientially from C to B by listening, singing, and playing. | Vance Reese Dr. Vance Reese is a professor of music at Brevard College. In addition he is active as an organist, symphony orchestra bass player, cantorial soloist, and accompanist. He has served as chapel organist at Christ School, and is currently organist at Lutheran Church of the Good Shepherd where he participates in and facilitates the Brevard Dream Group. |

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| 18 | Mon. 7:30 PM | Experiencing the Ignatian Examen: Handing God Our Consolation and Desolation Ignatius' examen helps an individual recall their best and worst moments of a given period of time - a day, a year, a conference, a meeting, or even one's whole life. The consolations and desolations are handed to God, who brings clarity and guidance to the individual over time. Participants will experience the process, choosing which period of life to look at and learning tools to continue the pathway. | Mary Ann Archer Mary Ann Archer is a spiritual director, retreat leader, professional flutist and has worked with individuals and groups for more than thirty years, focusing on Ignatian spirituality and active imagination. Her book, <i>Shared Imagination: A Channel to God and with Each Other</i> , explores imaginative, Ignatian-style meditation, giving first-person stories of meditations and life events that blossomed from the process. Formerly with the Metropolitan Opera Orchestra, she now performs with regional orchestras. She holds an M.A. in spiritual direction from General Theological Seminary and has thirty years experience working in spiritual direction. |
| 19 | Mon. 7:30 PM | The Enneagram Meets the World of Dreams: a Bridge to Forgiveness and Compassion, Resilience in a Troubled World The Enneagram invites us to look at the gifts and challenges of personality types. In this workshop we will explore nine different distorted ways the ego tries to help us live a worthwhile life, while hiding its "shadow side" from our view. Dreams help identify hidden parts but it takes the wisdom of the Enneagram to fill in the "rest of the story" - the real motivation behind our behaviors. | Judy Hellmann Judy Hellmann, Louisville KY, BS.Ed, M Ed, in Ed psych and Counseling, retired teacher and guidance counselor, graduate of Haden Institute's Dream Work Training and Spiritual Direction Training courses. Judy has been trained in the Enneagram from the Institute for Conscious Being, Teacher/Masters Program for the Spirituality of the Enneagram; Riso/Hudson Enneagram Institute teacher training program; and Palmer/Daniels/ Enneagram in the Narrative Tradition teacher tract. She holds a BSED from Ohio U, MEd in counseling from Xavier U, and Rank 1 in Ed Psych and Counseling from Eastern Ky Univ. |
| 20 & 30 | Mon. 7:30 PM Wed. 7:30 PM | Dreaming Sophia, the Great Mother Archetype The Great Mother Archetype expressed in the Divine Feminine or Hagia Sophia was central to many cultural and religious belief systems before orthodox Christianity supplanted her with a patriarchal God. In the conviction that, like the Ancients, we should call Her by Her Name - this workshop will be an exploration of Sophia, so that we can better recognize her in our waking and dreaming lives today. | Julie Lumpkin Julie Lumpkin (MSPH, Haden-Certified in Dream Work) leads a church-based dream group and is otherwise a consulting writer-editor and women's policy advocate, after retiring from a public health career. A highly "churched" person, Ms. Lumpkin's deep desire is for the Emerging Church to fully re-instate the Feminine Divine as Co-Creator and the Anima Wisdom of God. |
| 21 & 44 | Mon. 7:30 PM Thu. 3:30 PM | Leading Dream Groups: Tricks of the Trade This workshop is for those who are interested in beginning a dream group as well as for those who have questions or are experiencing difficulties in their dream groups. Each participant receives a folder full of information, a blueprint so to speak, to get started. Questions are encouraged. | Heidi Simmonds Heidi changed from working with image and metaphor in literature, in her career as a teacher—to working with dreams. As a graduate of the Haden Dream Work Training course, she has been leading dream groups and offering workshops for over 20 years. She is also passionate about her beekeeping. |
| 22 & 40 | Mon. 7:30 PM Thu. 3:30PM | Dream Recall, Active Imagination, and Sketched Images in Soulful Journaling Workshop Participants will take a brief tour of Jung's Red Book images and stories to prepare them for more soulful, embodied, feeling enriched visits with their own dreams. Ways to enhance meaning in the dream tending process will be experienced. Personal growth and transformation is enlivened by the processes taught here. | Rose Wilkerson Rose Wilkerson, M.Ed., LPC practices Jungian Psychotherapy in Black Mountain, NC, and mentors Dream Work participants in the Haden Institute Program. She is a Fellow of the Chicago Jung Institute where she received graduate training in clinical practice. She is married to Steve and they enjoy three children and a granddaughter. |
| 23 & 34 | Wed. 7:30 PM Thu. 3:30PM | The Whole-Making Nearness of God Stress, fear, and dread, though natural responses to uncertainty, can block human flourishing. Yet regardless of our present circumstances or painful past, the dynamic and creative flow of life that some call God is as near as our breath. In this presentation, theologian Sheri D. Kling will remind us that God's radical incarnation in every moment is the source of novel whole- making possibilities, transformation, and holy resilience. | Sheri Kling Sheri D. Kling, PhD, is Associate Dean and Executive Director of the Beecken Center of the School of Theology, The University of the South. She is also a singer-songwriter and guitarist turned public theologian who interweaves spirituality, psychology, and theology for transformation and common flourishing. |
| 24 | Wed 7:30 PM | You Heal Me Through Dreams This workshop will allow participants to apply the insights and techniques learned during the "You Heal Me Through Dreams" keynote lecture to their own dreams. Please bring with you a short recorded dream that you'd like to work. | Howard Addison Rabbi Howard Avruhm Addison, Associate Professor for Instruction at Temple University, completed his Dream studies at the Haden Institute, on whose faculty he serves. He earned his PhD at the Graduate Theological Foundation and currently directs its D Min. program Jewish Spirituality. His books include: <i>The Enneagram and Kabbalah, Jewish Spiritual Direction</i> and the recently published <i>Seeking Redemption in an Unredeemed World</i> . |
| 26 & 37 | Wed. 7:30 PM Thu. 3:30 PM | Heal Yourself with Dreaming and Tapping An emotional trauma is like a malware program downloaded into your acupuncture meridians and uploaded into a file in the limbic system of your brain. To uninstall the malware with EFT, we repeat the file name to run the program briefly while tapping on the acupuncture points like hitting the delete key over and over again. Sometimes it is difficult to identify the emotional issue at the root of your symptoms, so keeping a dream diary can be very useful in revealing the traumas that our conscious mind is good at avoiding. | Larry Burk Larry Burk, MD, CEHP, is a holistic radiologist and dream tapping coach specializing in MRI, EFT tapping, hypnosis and dreamwork. He is a Certified Energy Health Practitioner trained in tapping since 2002 and has kept a dream diary since 1987. Dr. Burk co-facilitates a dream group at the Rhine Research Center and teaches an EFT class at Duke Integrative Medicine where he was co-founder in 1998. |

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| 29 & 39 | Wed. 7:30 PM Thu. 3:30 PM | Working Your Dreams Diana brings over 30 years of experience working with dreams through the lens of Jungian psychology. You will discover a number of "tools" you can apply to working your own dreams, as well as those in group process. Participants will explore the interconnectedness of the dream images with <u>body, soul, metaphor and paradox.</u> | Diana McKendree Diana McKendree has a passion for working with the dream and images. Trained as a Jungian psychotherapist, Diana is a skilled educator, an international keynote speaker, consultant, leader of women's pilgrimages and iconographer. She is a faculty member with the Haden Institute, teaching Spiritual Direction and Dream Work, serving as both a mentor and as mentor to the Haden Institute mentors. Ordained an Interfaith Minister, Diana continues to search for <u>the common threads that weave humanity and soul together.</u> |
| 31 | Wed. 7:30 PM | Working with Imagery, Color and Guidance Three tools will be presented for working with the underlying emotional barriers or conflicts our dreams are dealing with - and exploring how our own unconscious wisdom is attempting to resolve that situation. Participants will learn how to use scripted role-play (7 magic questions) and the Color Questionnaire and an approach (based on Jung's transcendent function) for recognizing cues to the guiding wisdom in the dream. All will have a chance to practice these <u>tools with a dream if they wish.</u> | Bob Hoss Bob Hoss is Director and past president of the International Association for the Study of Dreams and Director of the DreamScience Foundation. He is a former IBM corporate executive and scientist with training in Gestalt Therapy, Humanistic psychology, and a background in Jungian studies. Bob's writing credits include <i>Dream Language</i> , <i>Dream to Freedom</i> , and authoring/editing <i>Dreams that Change Our Lives</i> a two volume reference book on Dreaming. He has been featured in 10 other publications, a PBS special, Readers Digest, Prevention, and USA Today. |
| 33 | Wed. 7:30 PM | The Meaning of Numbers in Dreams Numbers have important, deeper, and sacred meaning in our waking lives and in our dreams. In this interactive workshop, we will explore the "hidden language of numbers, the variety of ways they can appear in our dreams and learn simple tools for tuning into their purpose in our dreams. | Doris Snyder Doris Snyder is the author of the book <i>Numbers in Dreams</i> . She is a graduate of the Haden Institute Dream Work Training and of the Shalem Institute's Spiritual Direction Program. Doris is a regular dream work and retreat leader. |
| 36 | Thu. 3:30 PM | Dream Rescripting: A Powerful Tool in Building Personal and Communal Resilience A child wakes up in the middle of the night...screaming, sweating, shaking. To de-escalate the power of the nightmare, we draw upon the imagination of the child, reminding her of the super powers she holds over the characters in her dreams. We will learn to draw upon those same powers to rescript our own dreams for a more resilient, transformative life. | Debora-Ellen Brown Rev. Debora-Ellen Brown, an Interfaith Minister, divides her time between grief ministry and sacred passages with SCI funeral homes and cemeteries on the Southwest side of Chicago, spiritual direction, retreat facilitation, dream work and presentations in the Chicago and New Hampshire communities. She received her Masters in Pastoral Studies and Divinity from Loyola University of Chicago and is a graduate and Ordained Interfaith Minister from The Tree of Life Seminary and School of Sacred Study from Milford, New Hampshire. Deb-Ellen is also a graduate of the Haden Institute Spiritual Direction Training, a member of SDI; as well as the Federation of Christian Ministers, and the International Council of Community Churches. |
| 41 | Thu. 3:30 PM | Labyrinth Lessons on Resilience After a brief history and explanation of the labyrinth, we will walk three styles of labyrinths using three different methods: in silence, with live Celtic Harp accompaniment, and with singing (and perhaps dance). Each walk will be followed by group reflection, sharing and journaling. Participants will also learn to make their own finger labyrinth. Additional material <u>will be available in handouts.</u> | Kathy Wallace Kathy Wallace is a life-long seeker of truth and beauty, and a labyrinth lover for 25 years. This love led to a Labyrinth Tour of Sweden and to Labyrinth Facilitator training in Iona. She has been a pre-school, middle school, and college music teacher, and is currently a church musician, therapeutic musician, and performer. She is a Veriditas Certified Labyrinth Facilitator, Healing Touch Program Practitioner, Haden Institute Spiritual Direction Graduate, and holds a Masters Degree in Music. She has presented Labyrinth Workshops at Asheville's Center for Art and Spirit and as a part of Rites of Recovery retreats. |
| 42 | Thu. 3:30 PM | How to Recognize and Work With Complexes We all have complexes. The question is: "do complexes have us"? We will explore dozens of complexes and how to work with them in yourself, your counselee, your dream group and your church. Each stage of life has its own complex (Mother/Maiden/Crone; baby/child/adolescence/adult/midlife/older life/marriage/child rearing)... all influenced by an archetype and society expectations. How does all of this fit together to promote the Kingdom of God and good, insightful dream group leadership, counseling and spiritual direction? | Bob Haden Bob Haden is an Episcopal Priest, founder and former Director of the Haden Institute, and a Diplomat of the American Psychotherapy Association. He is the author of <i>Soul's Labyrinth</i> and <i>Unopened Letters from God: Using Biblical Dreams to Unlock Nightly Dreams</i> . |