

— TWO YEAR — SPIRITUAL DIRECTION TRAINING

Designed for clergy, therapists, and individuals who want to learn the practice of spiritual direction and seek a deeper spiritual life.



SIX 4-DAY INTENSIVES • LECTURES • SMALL GROUP EXPERIENTIAL LEARNING • ENTRY TIMES MARCH & SEPTEMBER

The Haden Institute is a haven for seekers. We offer our participants a place to go deeper in their understandings of the Divine, themselves and others. We teach the practice of holding space for others while listening deeply to the Holy and to each other. Lectures, small group work, creative embodiment practices all lead to accessing the rich wisdom within each individual.

The Spiritual Direction Training Course integrates spirituality and Jungian teachings. Participants develop knowledge and understanding of the art and practice of spiritual direction in contemporary spiritual life by learning mystical, creative embodiment and contemplative practices of Christianity and other ancient spiritual traditions. Tools for self-discovery and transformation such as Myers-Briggs Type Indicator, the Enneagram, and dream work are introduced to deepen the experience of spiritual companionship.

Currently our intensives are held online. When it is safe to gather in person we will hold intensives both at Kanuga Conference Center and Online.

HadenInstitute.com

INTENSIVE SCHEDULE

Jan 14-17, 2021

Mar 18-22, 2021 (Entry Date)

Sept 9-13, 2021 (Entry Date)

Jan 13-17, 2022

Mar 24-28, 2022 (Entry Date)

Sep 15-19, 2022 (Entry Date)

Canada Entry Date:
12-19 Oct 2022

“Maybe that is the difference between pastoral counselors and spiritual directors. We go to counselors when we want help getting out of the caves. We go to directors when we are ready to be led farther in.” – Barbara Brown Taylor





THE HADEN
**SPIRITUAL
 DIRECTION
 TRAINING**

OUR FACULTY



ALLEN PROCTOR:
 Director of the Haden Institute, spiritual director, dream work facilitator, and Presbyterian Minister.



SHEILA PETRUCCI:
 Director of Creative Embodiment for the Haden Institute, spiritual director, dream work facilitator, poet, and expressive artist.



CATHERINE MEEKS:
 Executive Director of the Absalom Jones Center for Racial Healing, teacher, workshop leader, and retired professor.



KATHLEEN WILEY:
 Licensed Professional Counselor, Licensed Marriage and Family Therapist, and Diplomate Jungian Analyst.



DIANA MCKENDREE:
 Spiritual director, dream work facilitator, educator, keynote speaker, consultant, Interfaith Minister, and iconographer.



CATHY SMITH BOWERS:
 Former Poet Laureate of NC, poetry teacher in the MFA program at Queens University, Charlotte, NC.



KIRK WEBB:
 Spiritual director, professor, psychologist, and pilgrimage leader.



KAREN CAMPBELL:
 Creative depth coach, expressive artist, and intuitive healer, spiritual director and life coach.



RICK PUTNAM:
 Episcopal priest, spiritual director, teacher and guide in the shamanic tradition.

Psycho-spiritual education in the Jungian, mystical, and Christian traditions is the course foundation. Participants will learn:

- **Mystical and contemplative practices of Christianity and other ancient religious and spiritual traditions**
- **Seminal ideas from Carl Jung's teachings, and their application to the personal and spiritual growth process**
- **Dream work, including the function of dreams, and how to use dream work with both individuals and groups**
- **Tools for self-discovery and transformation such as Myers-Briggs Type Indicator and the Enneagram**
- **Spiritual literacy and interfaith awareness**
- **Contemplative and creative embodiment practices as tools for personal discernment**

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For more information and to apply
HadenInsitute.com